

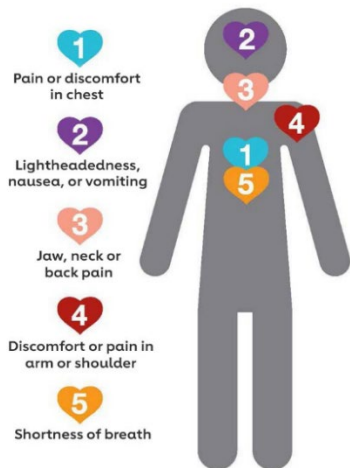
MCLB ALBANY SAFETYGRAM

Stop-the-Bleed, CPR, AED, and Layperson Cardiac Arrest Response Training

Join the Nation of Lifesavers: You could be the difference between life and death for someone experiencing a cardiac event. Be ready to act with confidence with Stop the Bleed, CPR, AED, and Layperson Cardiac Arrest Response Training.



Common Heart Attack Warning Signs



Learn more at [Heart.org/HeartAttack](https://www.heart.org/HeartAttack)

©2021 American Heart Association, Inc. All rights reserved. Unauthorized use prohibited.

According to OSHA, sudden cardiac arrest (SCA) accounts for 13% of all workplace fatalities and is the leading cause of death in the U.S. However, prompt CPR, followed by a shock from an AED within three minutes can increase the chance of survival to 70%. That's why making CPR and AED training part of your emergency-response plan is so important.

MCLB Albany's Fire and Emergency Services provides multiple courses that empower the workforce to increase the survivability of victims of an emergency. These courses include Stop-the-Bleed, CPR, and AED Training. In addition, the Fire Department offers the Layperson Cardiac Arrest Response Course (L-CARC), a special course developed in-house at MCLB Albany to prepare the installation workforce for cardiac arrests. The course includes lecture and hands on training using realistic scenarios and state of the art simulators to deliver training that instills performance confidence. This course covers application of patient assessments, delivering chest compressions, AED deployment, and care transfer to EMS providers, all occurring within YOUR workspace. The L-CARC is open to all personnel operating aboard the base. Ready your organization and schedule your trainings today! For scheduling, contact Assistant Fire Chief Jacob Hackett.

USMC-AG Fire Department
Training POC's.
Assistant Chief
Jacob Hackett
(229) 639-5627
jacob.hackett@usmc.mil



Risk Management 639-7050
Prepared by: Jon A. Peacock

March
2025

