

MCLB ALBANY SAFETYGRAM

APRIL IS DISTRACTED DRIVING AWARENESS MONTH

How well do you know the three main types of distractions?



**VISUAL
DISTRACTIONS**



**Take your eyes
off the road**



**MANUAL
DISTRACTIONS**



**Take your hands
off the wheel**



**COGNITIVE
DISTRACTIONS**



**Take your mind
off of driving**

When you're behind the wheel, your only job is to drive.

Just Drive.



**Risk Management 639-7050
Prepared by: Jon A. Peacock**

April 2024

