

# MCLB ALBANY SAFETYGRAM

## NATIONAL SAFETY MONTH

### Week 1: Continuous Improvement



As we kick off National Safety Month, we begin with the theme of Continuous Improvement. In safety, standing still is not an option. Every near miss, every incident, and every observation is an opportunity to learn, adapt, and do better. That means learning from experience, adjusting how we work, and encouraging everyone to be part of the solution.

#### Here's what it looks like in action:



#### Identify Hazards

The first step in any safety system is to identify hazards—recognizing potential risks before they cause harm. This involves actively looking for unsafe conditions, behaviors, and practices. Encourage everyone to be aware, report near misses, and use inspections or safety audits to pinpoint risks. The earlier we identify hazards, the better we can prevent incidents.

#### Implement Controls

Once hazards are identified, it's time to implement controls. This means using the hierarchy of controls: eliminate the hazard, if possible, substitute with safer alternatives, or apply engineering, administrative, or personal protective equipment to reduce risk. The goal is to put solutions in place that eliminates or minimize exposure to hazards and protect everyone.



#### Monitor Performance

To ensure our controls are effective, we must monitor performance. This means tracking how well safety measures are being followed and whether they're preventing hazards as intended. Regular checks, audits, and feedback loops help ensure the controls remain effective over time, giving us the data we need to adjust where necessary.



#### Review and Improve

Safety isn't a one-time effort. To stay ahead, we need to review and improve regularly. Look at performance data, analyze trends, and involve the team in discussions about what's working and what needs attention. Continuous improvement means refining processes and controls to make the workplace safer every day.



This week, challenge yourself and your team to identify one improvement you can make - no matter how small. Safety starts with awareness and grows through action.

For more information on continuous improvement visit <https://www.nsc.org/>



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