

MCLB ALBANY SAFETYGRAM



Halloween is easily one of the most fun and exciting times of the year for families. It is safe to say for most, trick-or-treating is at the center of it all. Between all the delicious Halloween treats, the cute costumes for kids, and the spooky decorations, there are endless things to love about this time-honored Halloween activity.

That said, it's important to take some precautions to ensure that you and your loved ones stay as safe as possible when you're going door to door this Halloween. You'll want to consider what time does trick-or-treating start? Check with your local community to find out when trick-or-treating starts and ends. To help point you in the right direction, we put together this list of Halloween and trick-or-treating safety tips from pediatricians and other experts. Just follow this simple guide for safe costumes, decorations, and trick-or-treating practices and you'll be well on your way to a happy and healthy Halloween night.

Halloween Costume Safety Tips

1. Dress children in brightly colored or light-colored costumes.
2. Use reflective tape, flashlights, or glow sticks for added visibility.
3. Make sure their costumes and shoes fit properly to prevent trips or falls.
4. Apply non-toxic makeup as an alternative to masks, which can block their view.
5. Make sure their costumes and accessories are labeled "flame-resistant."



Home and Halloween Decoration Safety Tips



1. Make sure your porch and front yard are clear of any potential tripping hazards.
2. Replace any burned-out bulbs in your outdoor lights.
3. Use battery-operated votives instead of lit candles in your Jack-o'-lanterns.
4. Restrain your pets or keep them in another room.
5. Secure inflatable Halloween decorations.

Trick-or-Treating Safety Tips

1. Always accompany young children around the neighborhood.
2. Tell older children (14-17) to remain in a group and stay in communication with you.
3. Avoid homemade treats and inspect all candy before it's consumed.
4. Only go to well-lit homes.
5. Do not enter any homes or cars for treats.



Halloween Driving Safety Tips



1. Drive slowly and be on the lookout for trick-or-treaters, including those in dark clothing.
2. Exercise extra caution at crosswalks and intersections.
3. Don't text or look at your phone while you're driving.
4. Turn your headlights on earlier in the day.
5. Do not wear Halloween masks or costumes that can obstruct your vision while driving.

For more information please visit: <https://www.healthychildren.org/English/safety-prevention/all-around/Pages/Halloween-Safety-Tips.aspx>



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October 2024

