

## COMMANDING OFFICER'S STATEMENT ON UNIT PERSONAL & FAMILY READINESS



Family readiness means that we are all prepared and equipped with the skills and tools to successfully meet the challenges of the military lifestyle. Family readiness directly affects the fundamental purpose of the Marine Corps—to make Marines and win battles by building commitment and raising morale, thereby increasing unit readiness.

Our Unit, Personal, and Family Readiness Program (UPFRP) is a vital link to Marines, Sailors, and their families. My vision for MCLB Albany is a dynamic, effective, and fully supported network of resources that enhances our operational readiness and increases our quality of life—so we can respond to life, career, and mission events.

Designed to assist our families and us in coping with stress and hardship of a military lifestyle, we will focus our efforts and resources on the following program components:

- Official Communication to share timely, accurate information.
- Offer Life Skills training and other Tier I classes/workshops to increase readiness and resiliency.
- Use Information and Referral (I&R) to promote/leverage available installation and community resources.
- Volunteer Management to train, supervise, communicate with, and recognize UPFRP volunteers.

Active participation is required. I urge you to participate in the program and be accountable for your personal and family readiness, and leaders must stress the importance of our UPFRP. I have appointed a Single Marine Program Representative, who along with our Uniformed Readiness Coordinator (URC), will reach out to our single Marines to ensure everyone receives the same level of support.

L.I.N.K.S. classes help families meet the challenges of military life and enhance mission readiness—they are offered for children, parents, and even seasoned military spouses.

Our command is blessed with many selfless volunteers who give their time, talents, and effort in service to others. We appreciate the L.I.N.K.S. volunteers and are ALWAYS looking for more volunteers to help improve the quality of life for our Marines, Sailors and their families. Together, as a team and family, we can accomplish any mission and ensure the continued success of the command.

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