



2015 101 CRITICAL DAYS OF SUMMER TRAINING RESOURCES



Each topic below contains documents that will assist you in completing Task 2 and 3 on the 2015 101 Critical Days of Summer Safety Stand-down worksheet. Click on each subject to print and share with your co-workers.

Additional 101 Critical Days of Summer Resources

Click below for file

MCLB ALBANY SAFETYGRAM

101 CRITICAL DAYS OF SUMMER

The 101 critical days of summer begins on Memorial Day weekend and ends after Labor Day. This is, of course, the largest vacation period of the year. The sun is shining and people are out swimming, boating, visiting family and friends far away, playing and having a good time. It's also a time of celebration, recreation, staying awake for long hours and driving more miles than your body has the energy for. With all those fun summer activities, the following safety tips are offered to make your vacation journey a safe and happy one.

Barbeques

- Place grill in well-ventilated area and away from children's play area.
- Wear fitted clothing so loose clothing doesn't contact fuel or fire.
- Stand up wind when lighting the fire.
- Do not use flammable liquids to start the fire or to relight the coals.
- Be in attendance at all times.
- While grilling, keep a fire extinguisher close by.

Boating Safety

Operating a boat requires concentrated skill and a keen sense of awareness in the boat and on water. A clear head and a responsible outlook are necessary to make a day on the water as smooth and as safe as possible.

- Don't overload - check the boat manufacturer's capacity plate.
- Know your boat - what it can and can't do.
- Keep a good lookout and situational awareness of other boats and objects.
- Ensure crew and passengers wear a USCG approved personal flotation device.
- Operate at safe and legal speeds-watch your wake.
- Know and respect the weather - heed weather warnings.
- Take sufficient fuel in proper containers, know your cranking radius.
- Keep your boat shipshape: check safety equipment.
- Take necessary equipment such as fire extinguishers, signal devices and person.
- Secure the boat properly. Slow loose objects.
- Review the boating laws and obey them.
- Never operate a boat while impaired by alcohol or drugs.

Swimming safety

- Always swim with a partner.
- Never allow young children to swim without adult supervision.
- Never swim when you are tired, under the influence of alcohol, drugs, or medication.
- Know and observe your swimming limitations and capabilities.
- Avoid self-moving water. If caught in a current, swim with it and angle towards shore or the edge of the current.
- Observe warning signs.
- Stay out of the water during thunderstorm and severe weather.

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Prepared by Donna Chalmers
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CY15 101 CRITICAL DAYS OF SUMMER REVIEW QUIZ

The following questions are provided to check how well you understand the information presented during the CY15 101 Critical Days of Summer Safety Stand-Down

- Warm weather tends to the attention span and tolerance of drivers.
 - lengthen
 - shorten
 - have no effect on
- What is the most common heat-related illness?
 - heat exhaustion
 - heat stroke
 - sunburn
- A heat stroke victim will have hot, dry skin.
 - true
 - false
- Gas and charcoal grills should only be used indoors during inclement weather such as rain or heavy winds.
 - true
 - false
- You should never refuel a lawnmower or other gasoline-powered tool while the engine is running.
 - true
 - false
- What should you do if you are operating a boat and are about to be passed by another watercraft?
 - slow down and move to the right
 - slow down and move to the left
 - maintain your current course and speed
- When the throttle is left off on a personal watercraft, the vehicle can be steered safely to avoid a hazard.
 - true
 - false
- More injuries occur during the 101 days of summer than they do the rest of the entire year.
 - true
 - false

To check your answers please see box below

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