

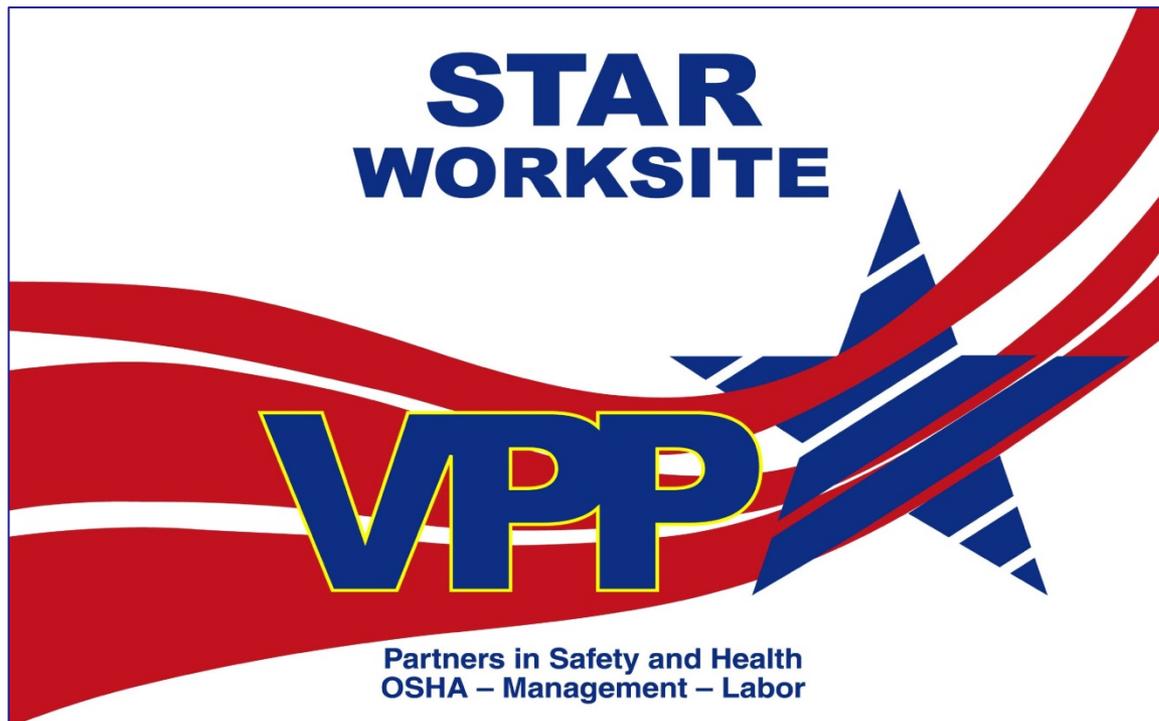


# Marine Corps Logistics Base Albany

## Commanding Officer's Quarterly Safety Council

FY15 3rd Quarter

5 August 2015

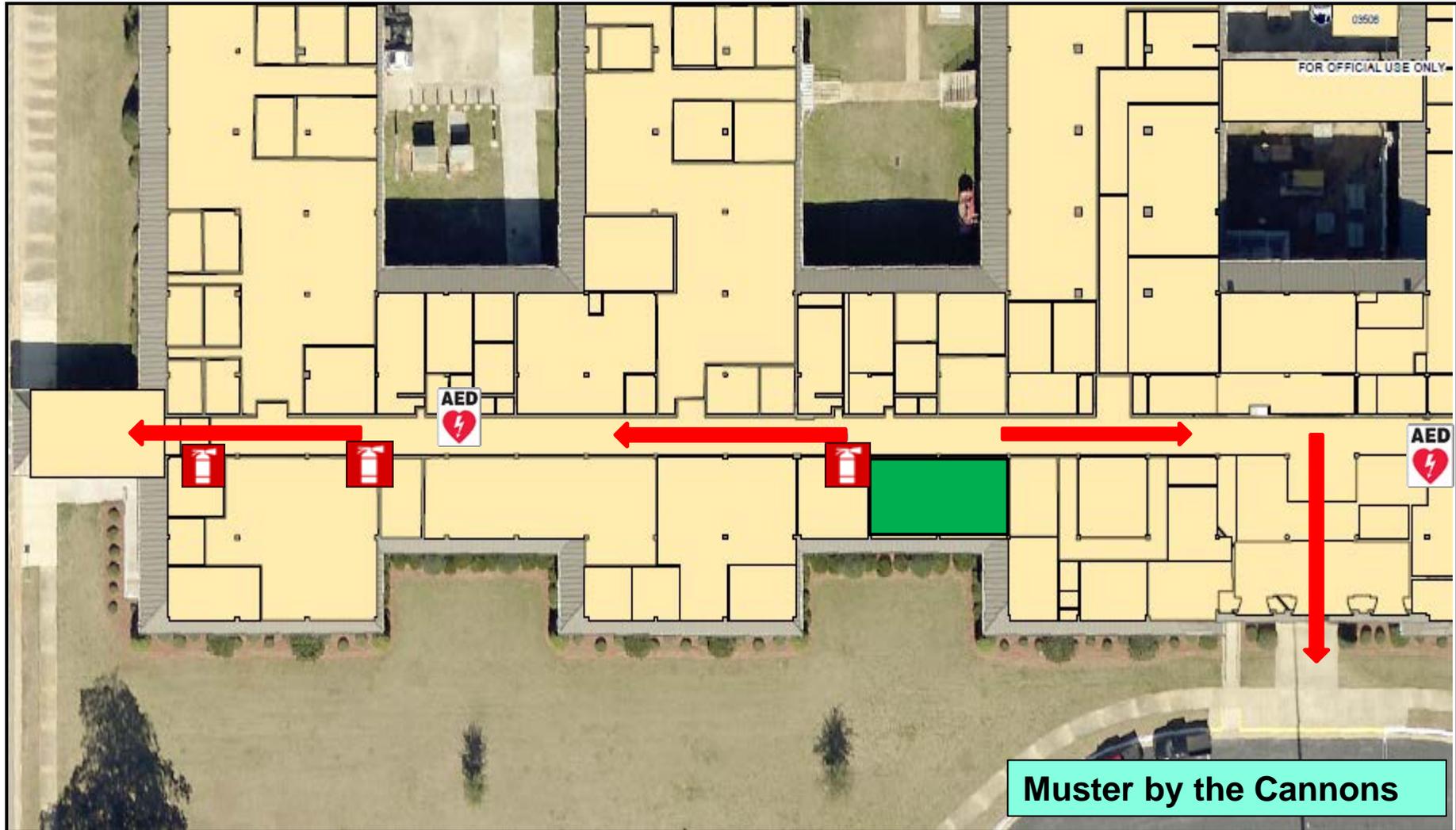




# Emergency Evacuation



## Coffman Hall Evacuation Routes



# **Congratulations MCLB Albany!**

**Ooh-Rah to our Workforce!**



**Winner of the FY14  
CG, MICEAST-MCB CAMLEJ AWARD  
FOR GROUND SAFETY EXCELLENCE**



# PURPOSE



**The purpose of the Safety Council is to review the installation and tenant safety performance and program effectiveness, and to recommend changes to reduce unsafe practices and to strengthen the overall program.**

(NAVMC DIR 5100.8 Chap. 4 Para. 4001)

**This meeting serves as the command:**

- 1. Safe Driving Council** (MCO 5100.19F, Chap. 2, Para. 1)
- 2. Ergonomics Committee Meeting** (NAVMC DIR 5100.8 Chap. 19 Para. 19003)



# AGENDA



## Safety Goals

### Safety Performance Metrics

Review of Taskers

Safety Inspections

Unit Safety Reports

GOV Fleet Safety

Fire & Emergency Services

Traffic Safety

Injury Compensation

Ergonomics

Radiological Affairs Safety Program

Substance Abuse Control Officer

Safety Training

VPP

Safe Communities

Open Discussion

CO Guidance



# CALENDAR YEAR 2014

## Command Safety Program Goals



## GOAL #2: REDUCE GOV MISHAPS BY 20%

**Background:** The command experienced a 10% increase in GOV mishaps from FY12 to FY13. In addition, GOV backing mishaps increased 150% during the same period. Many of these mishaps were a result of driver error; specifically inattention and poor judgment. (No more than 15 GOV mishaps as reported in ESAMS in FY14.)

**References:** MCO 5100.19F

**Target Date:** 5 November 2014

**Goal Leader:** Command Safety Officer

**Goal Progress Reporting:** Division Directors will brief the progress of this goal at the Commanding Officer's Quarterly Safety Council.

	Objective	Objective Leader	Completion Date
1	Revise BO 5560.9D to incorporate traffic safety doctrinal changes and base traffic court adjudication policy.	Police Chief	In for signature
2	Leverage funding for the purchase of additional back-up cameras for the GOV fleet.	Installation Safety Manager	6 August 2014
3	Establish a formal training program for base employees who sign for and are responsible for the care and use of GOV's.	GME Fleet Manager	5 November 2014
4	Ensure the workforce is aware of the free on-line Defensive Driving Course available through a partnership between HQMC and the National Safety Council. Course access instructions will be provided by Risk Management.	Division Directors and Special Staff	5 November 2014

Assessment Criteria		
No Action	In-Progress	Completed



# CALENDAR YEAR 2015

## Command Safety Program Goals



# CY15 Command Safety Program Goals

## MCLB Albany



### GOAL #1: Reduce Housekeeping Hazards by 50%

**Background:** The Occupational Safety and Health Administration regulates housekeeping in general industry and construction. Good housekeeping enhances safety, instills a sense of pride, and contributes to efficiency. Approximately 17% of MCLB Albany CY14 facility findings cited were related to housekeeping. This is an increase of 8% compared to CY13 facility findings.

**References:** 29 CFR 1910.22 and 1926.25

**Goal:** Reduce housekeeping hazards by 50% compared to CY14.

**Target Date:** 15 December 2015

**Goal Leader:** Division Directors, Special Staff and HQ Company Commander

**Goal Progress Reporting:** Division Directors and HQ Company Commander will brief the progress of this goal at the Commanding Officer's Quarterly Safety Council.

	Objective	Objective Leader	Completion Date
1	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.	Division Directors, Special Staff and HQ Company Commander	29 April 2015
2	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.	Division Director, Special Staff and HQ Company Commander	29 July 2015
3	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.	Installation Safety Manager	28 October 2015

Assessment Criteria		
No Action	In-Progress	Completed



# CY15 Command Safety Program Goals

## MCLB Albany



### GOAL #2: Increase Medical Surveillance Compliance (97% or Greater)

**Background:** Occupational Medical Surveillance is the systematic monitoring of Marines and Civilian Marines for the harmful effects of exposure to hazardous substances or conditions. Examples of such hazards include asbestos, noise, lead, ionizing radiation, etc. Medical surveillance compliance for MCLB Albany Marines is currently 78% due to delinquent audiograms and 90% for Civilian Marines due to delinquent medical surveillance exams.

**References:** 29 CFR 1910.120(f) and MCO 5100.29B Enclosure (1) Paragraph 10a

**Goal:** Achieve at least 97% for Marines and Civilians Marines overall medical surveillance.

**Target Date:** 28 October 2015

**Goal Leader:** Division Directors, Special Staff and HQ Company Commander

**Goal Progress Reporting:** Division Directors and HQ Company Commander will brief the progress of this goal at the Commanding Officer's Quarterly Safety Council.

	Objective	Objective Leader	Completion Date
1	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.	Division Directors, Special Staff and HQ Company Commander	29 April 2015
2	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.	Division Directors, Special Staff and HQ Company Commander	28 October 2015

Assessment Criteria		
No Action	In-Progress	Completed

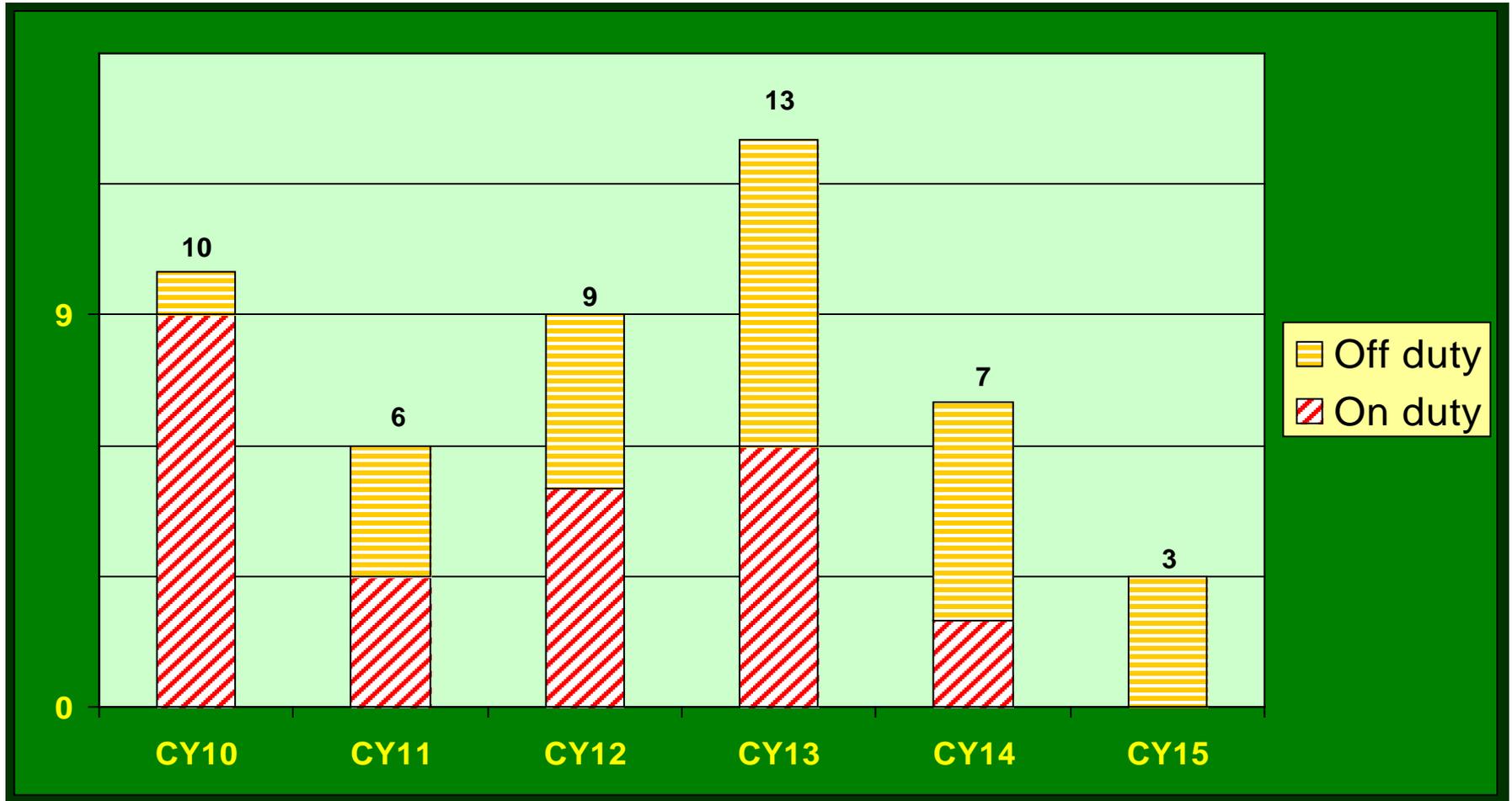


# **Safety Performance Metrics**

## **As of 30 June 2015**



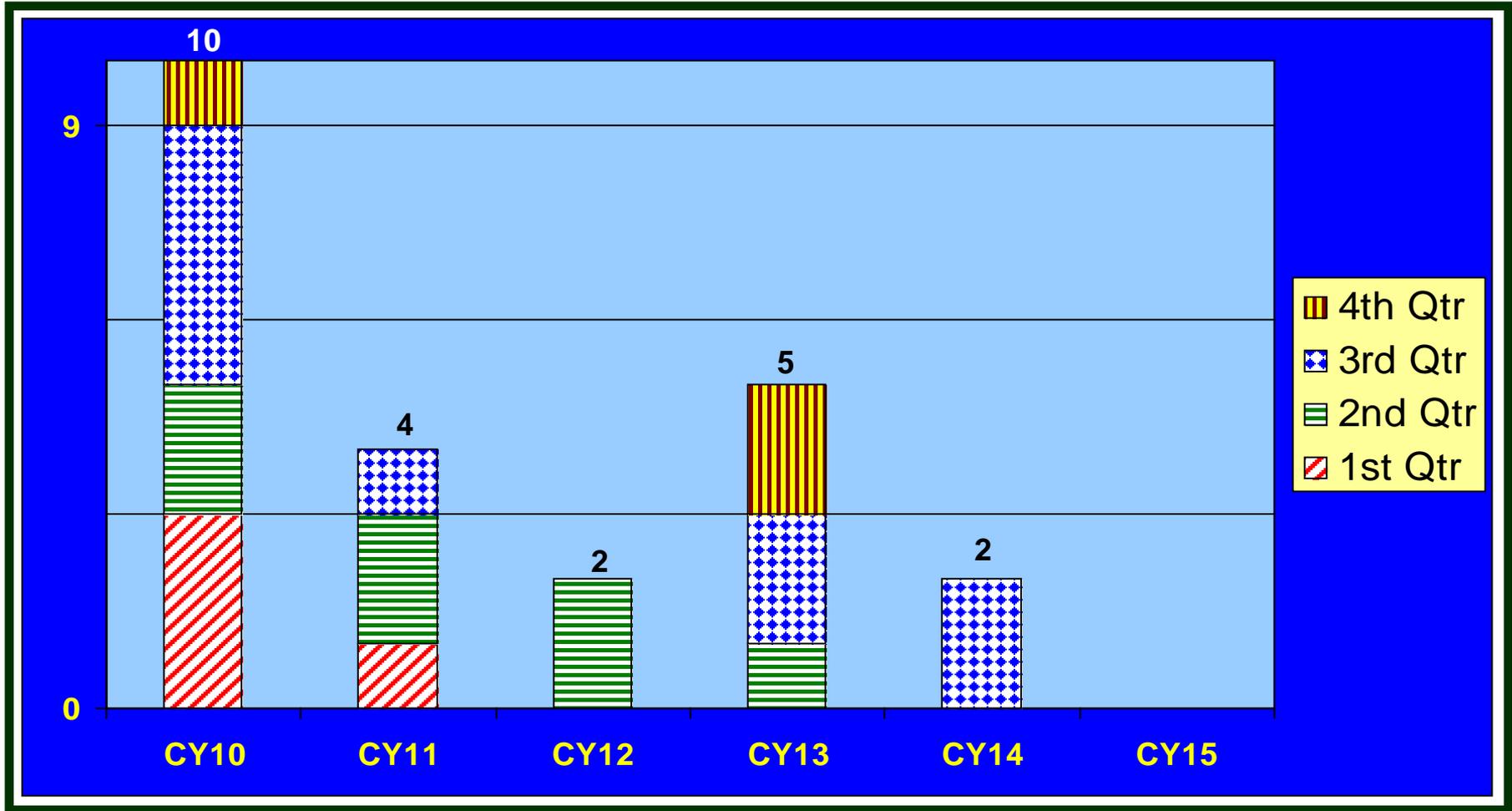
# CY10-CY15 Military WESS Reportable Cases MCLB Albany



Per MCO P5102.1B, a "Reportable mishap" is any mishap which causes \$50,000 or more total cost of damage to DoD or non-DoD property, a fatality, permanent total or partial disability, 3 or more personnel hospitalized, loss of time from work, light/limited/restricted duty, job transfer, or medical treatment beyond first aid including prescription drugs.



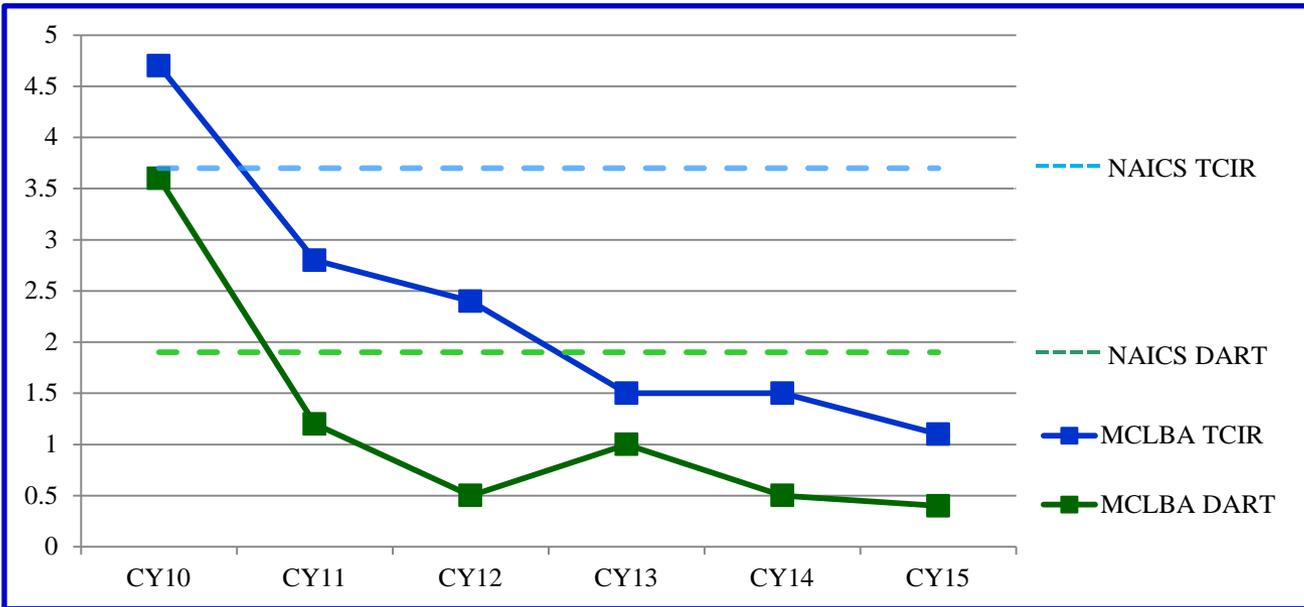
# CY10-CY15 Civilian Lost Day Cases MCLB Albany





# Injury Rate History - Marine Corps Logistics Base Albany

as of 30 June 2015



OSHA RECORDABLE CASES	
Calendar Year	# of Cases
2010	30
2011	17
2012	14
2013	09
2014	09
2015	03

MCLB Albany Injury Rates as of 30 June 2015						
MCLB Albany	CY10	CY11	CY12	CY13	CY14	CY15
TCIR	4.5	2.8	2.4	1.5	1.5	1.1
DART	3.6	1.2	0.5	1.0	0.5	0.4
NAICS	CY10	CY11	CY12	CY13	CY14	MCLB Albany 3-Year Average (CY13-CY15)
TCIR	3.6	3.8	3.6	3.9		1.4
DART	1.9	1.9	1.8	1.9		0.6



# Taskers



Commanding Officer's Taskers		Status
1	<p><b>From 6 November 2013 Safety Council</b> Director, I&amp;E: Repaint the traffic circle at Radford Loop, to better visibility and directional traffic flow.</p>	<p><b>Open.</b> As of 22 July 2015, PWO has a valid work request to enhance / improve directional markings on Radford loop which will include retro-reflective lane markers and directional signs. Status of this project will be monitored by ISM via the work request.</p>



# Safety Inspections

Cathy Brannon  
Lead Safety Specialist  
639-7048



# Inspections Completed



<b>FY15 Inspections 3<sup>rd</sup> Quarter</b>
<b>CDC (Quarterly/ Comprehensive)</b>
<b>I &amp; E</b>
<b>FSD/DMC</b>
<b>DDAG</b>
<b>OTD</b>
<b>Manpower</b>
<b>Comptroller Office</b>
<b>MCLB Albany HQ &amp; Staff</b>

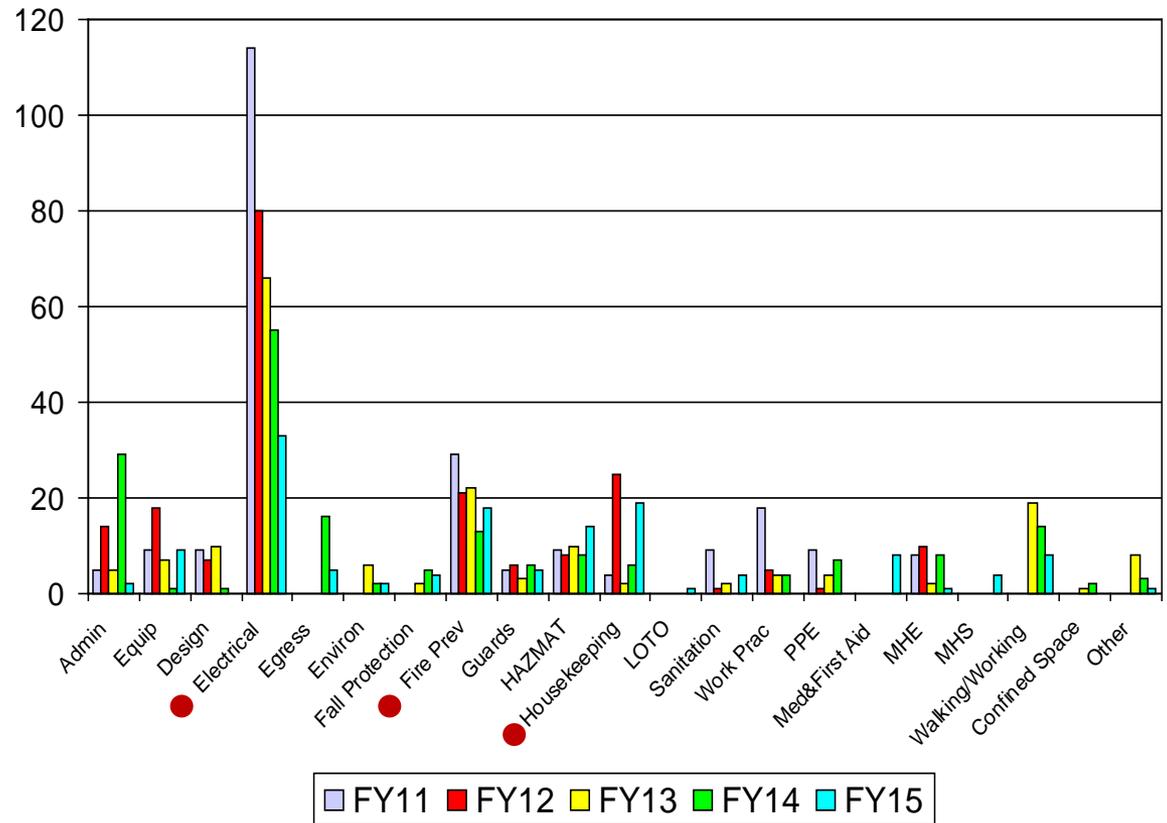


# FY11-FY15 Inspection Findings (Includes all Organizations)

Data Date: 30 Jun 15



Risk Assessment Code for all findings					
	FY 11	FY 12	FY 13	FY 14	FY 15
RAC 1	0	0	0	0	0
RAC 2	4	1	3	1	1
RAC 3	38	18	18	8	9
RAC 4	170	131	130	144	108
RAC 5	29	43	22	27	17
<b>Total</b>	<b>241</b>	<b>193</b>	<b>173</b>	<b>182</b>	<b>135</b>





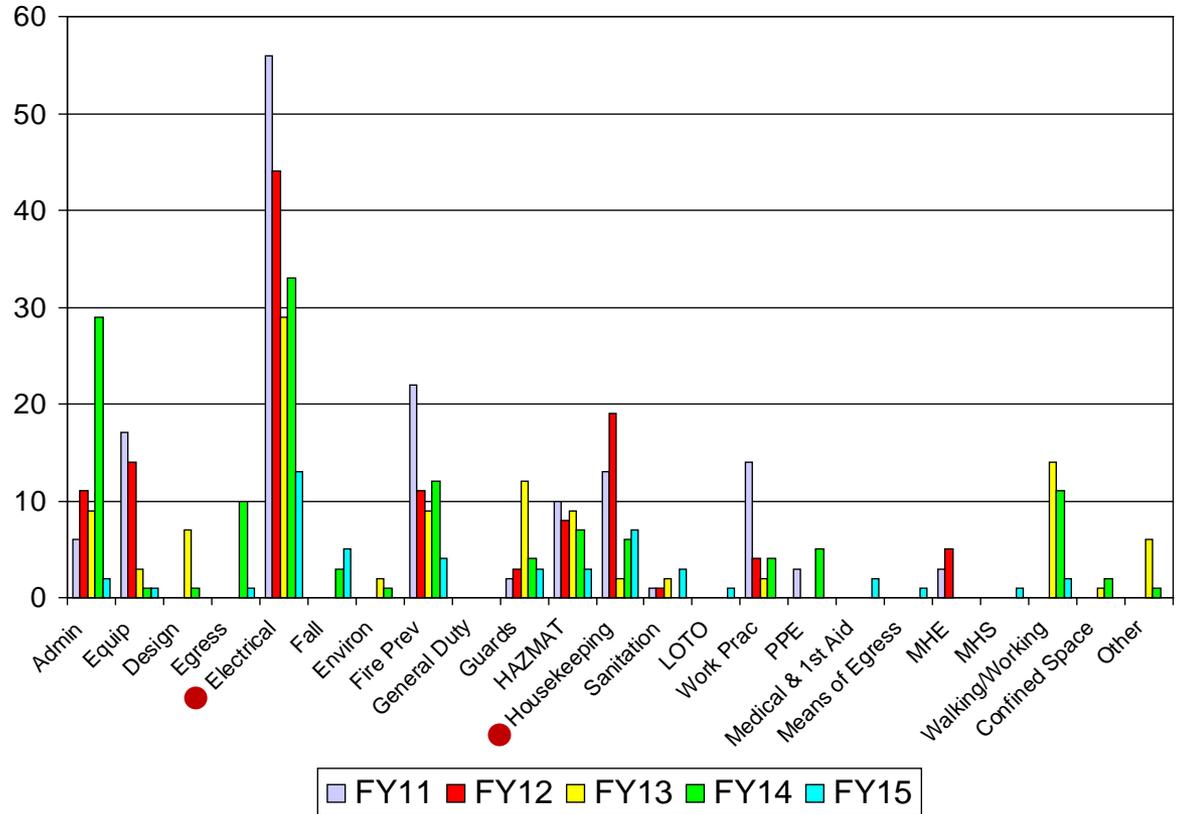
# FY11-FY15 Inspection Findings

## MCLB Albany

Data Date: 30 Jun 15



Risk Assessment Code for all findings					
	FY 11	FY 12	FY 13	FY 14	FY 15
RAC 1	0	0	0	0	0
RAC 2	1	0	1	0	0
RAC 3	20	8	9	3	3
RAC 4	84	79	70	105	39
RAC 5	28	33	18	24	7
<b>Total</b>	<b>143</b>	<b>120</b>	<b>98</b>	<b>132</b>	<b>49</b>





# Inspections FY15



## Safety and Occupational Health Inspections

**Abatement Efficiency Index: 93%**

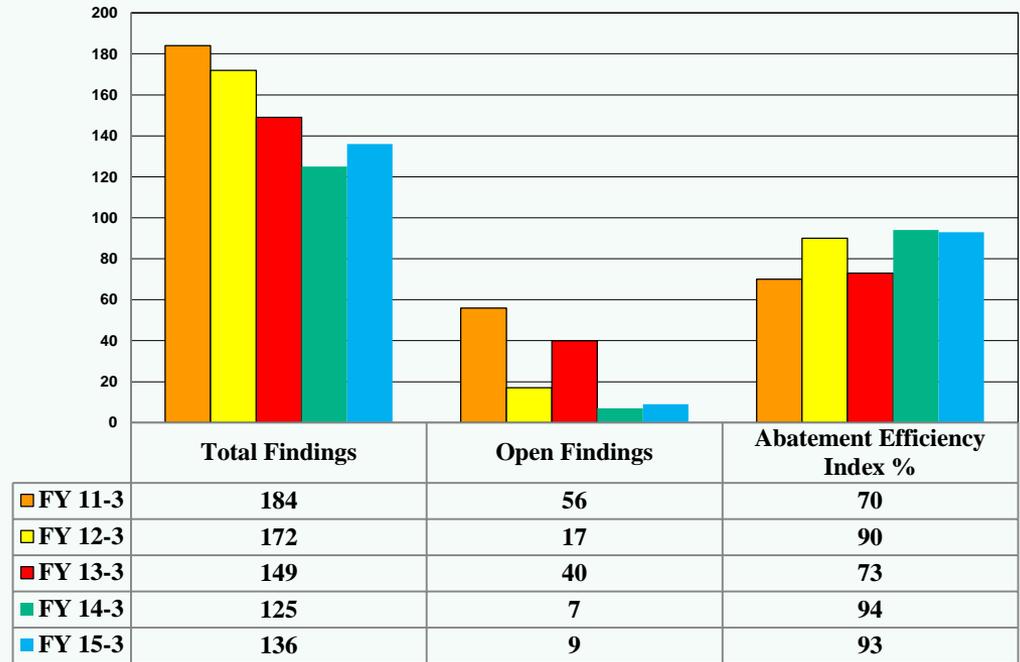
7% (9) of the 135 Findings identified by Safety & Occupational Health Inspections during FY15 are not documented as abated within 30 days.

NAVMC Dir 5100.8, Chap. 7, Para 7004.4.f: Supervisor responsibilities. "Provide for or ensure abatement of all identified workplace OSH deficiencies".

### Open Findings as of 30 Jun 15

UNIT	Number	RAC
DLA	1	4
I&E	1	4
MFR General Account	1	4
LSD	2	4/5
MDMC	1	5
FSD/DMC	2	4
MARCORLOGCOM/Contractor	1	2
<b>Total</b>	<b>9</b>	

**Abatement Efficiency Index Trend Analysis**  
FY11 – FY15



It is the Unit Safety Officer's responsibility to maintain a hazard abatement log and monitor the corrective actions (Work Requests) taken and report the status to the Risk Management.



# Inspections FY14

## Safety and Occupational Health Inspections

**Abatement Efficiency Index: 99%**

**1% (1)** of the **182** Findings identified by Safety & Occupational Health Inspections during FY14 are not documented as abated within 30 days.

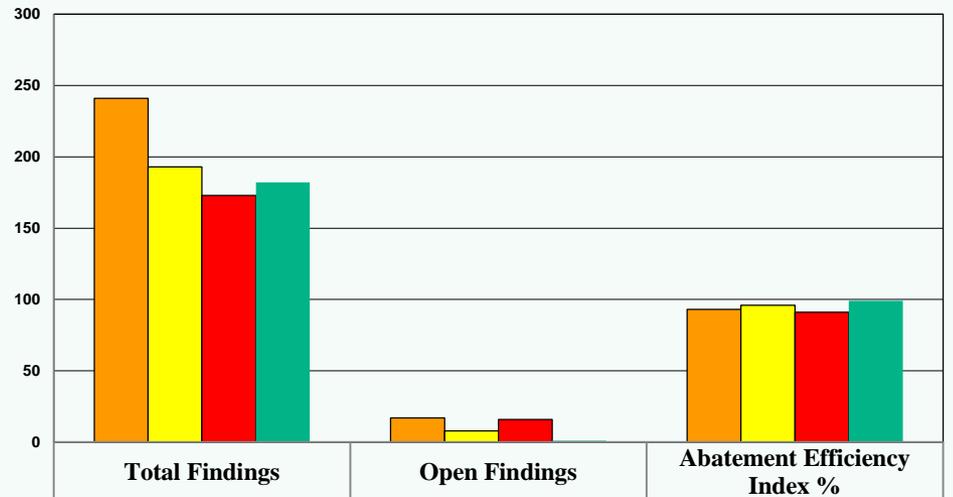
NAVMC Dir 5100.8, Chap. 7, Para 7004.4.f: Supervisor responsibilities. “Provide for or ensure abatement of all identified workplace OSH deficiencies”.

### Open Findings as of 30 Jun 15

UNIT	Number	RAC
I&E	1	3
<b>Total</b>	<b>1</b>	

### Abatement Efficiency Index Trend Analysis

FY11 – FY14



It is the Unit Safety Officer’s responsibility to maintain a hazard abatement log and monitor the corrective actions (Work Requests) taken and report the status to the Risk Management.



# Reports of Near Miss By Hazard Type



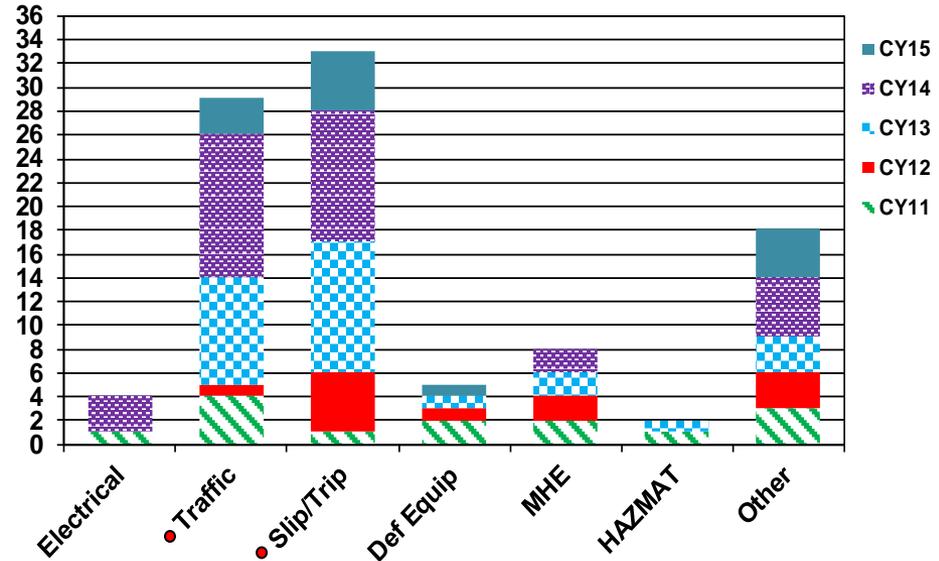
**ESAMS recorded 8 valid Near Miss\* Reports for this quarter**

\*A Near Miss is defined as: an unsafe or unhealthful action, behavior, or working condition that did not result in a mishap or property damage.

**2<sup>nd</sup> Quarter CY15**

**CY11-CY15**

Division	Current Quarter Reported	Total Reported for CY15	Current Reporting Rate	Annual Reporting Rate
LSD	0	0	0.0%	0.0%
PSD	2	3	1.7%	2.5%
CISD	4	5	12.5%	15.6%
MCCS	0	0	0.0%	0.0%
I&E	1	2	0.8%	1.7%
HQ Staff	0	0	0.0%	0.0%
HQ Co.	0	0	0.0%	0.0%
Comptroller	0	1	0.0%	5.6%
OTD	1	2	7.7%	15.4%



Stacey Williams  
Safety Specialist/Program Manager  
639-7049



# Unit Safety Reports



# Unit Safety Reports



## Briefing Order:

H&S Company  
MCLBA HQ and Staff

OTD

BPO

MANPOWER

COMPTROLLER

LSD

CISD

I&E

PSD

MCCS

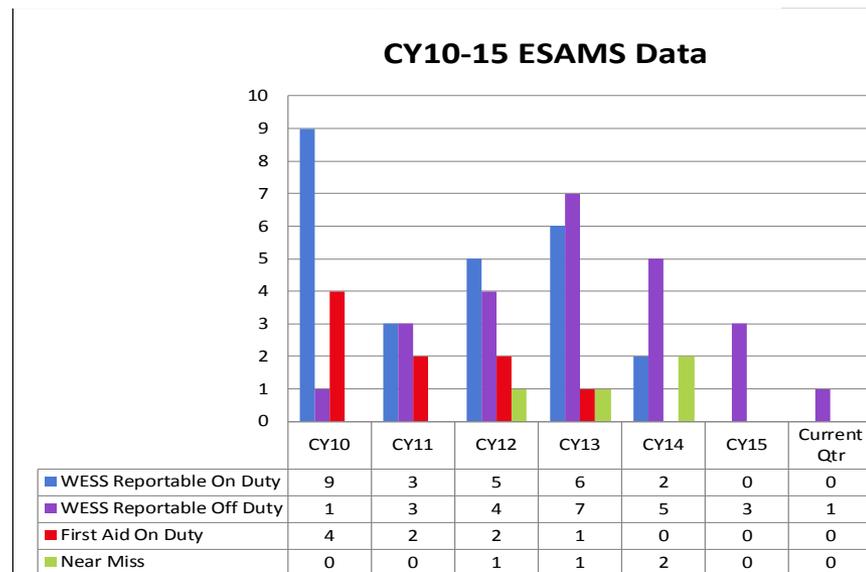
DDAG



# H&S Company (Garrison)



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
On Duty Inj.	0	0	0	0	0	0						
Off Duty Inj.	1	0	1	1	0	0						
	On		Off		On		Off		On		Off	
Injuries	0		2	0		1						
Rate	0.0		5.6	0.0		1.4						
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
On Duty Inj.	0	0	0	0	0	0						
Off Duty Inj.	0	0	0	1	0	0						
	On		Off		On		Off		On		Off	
Lost Time Injuries	0		0	0		1						
Lost Time Rate	0.0		0.0	0.0		1.4						
Lost Day Rate	0.0		8.4	0.0		4.2						



### CY15 Property Damage

Quarter	Damage	Amount
1 <sup>st</sup> Qtr	None	\$0.00
2 <sup>nd</sup> Qtr	None	\$0.00
3 <sup>rd</sup> Qtr		
4 <sup>th</sup> Qtr		
<b>Total</b>		<b>\$0.00</b>

### Inspection Results

<b>Oct 2014</b>	<b>94%</b>
-----------------	------------

### Progress toward CY15 Command Safety Goals

Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Narrative of Military WESS Reportable Cases CY15



Date	Narrative	Status	Results
1 <sup>st</sup> Qtr CY15	11 Jan 15 - SNM was carrying boxes from his house into the garage when he misjudged the step down causing him to trip and twist his right foot resulting in a stress fracture. Cast applied and crutches issued.	Off-Duty	RX meds/aircast/crutches (97 days light duty).
	25 Mar 15 - SNM fractured navicular bone of right foot and posterior tibial tendinitis of right leg. SNM woke up with pain in her right ankle, It's believed that the injury probably occurred over time but was aggravated by physical activity the day before. Aircast and crutches provided.	Off-Duty	RX meds/aircast /crutches( 40 days light duty).
2 <sup>nd</sup> Qtr CY15	2 Apr 15 - SNM was lifting weights, tore right pectoral muscle.	Off-Duty	RX meds/sling (41 days light duty/3 days SIQ).

On-duty
Off -Duty

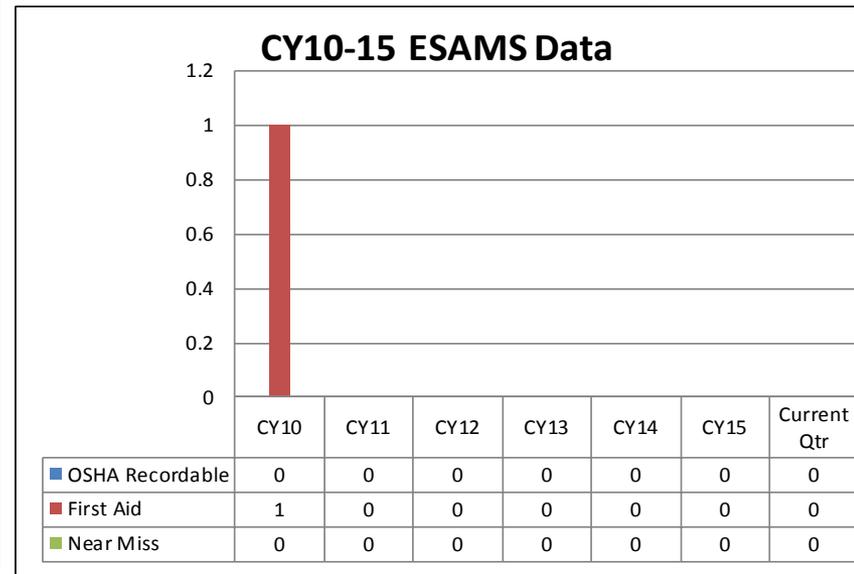
Lost time
Restrict
Other
FA only



# MCLB Albany Headquarters and Staff



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			0								
Rate	0.0			0.0								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								



### CY15 Property Damage

Quarter	Damage	Amount
1st Qtr	None	\$0.00
2nd Qtr	None	\$0.00
3rd Qtr		
4th Qtr		
<b>Total</b>		

### Inspection Results

<b>Apr 2015</b>	<b>97%</b>
-----------------	------------

### Progress toward CY15 Command Safety Goals

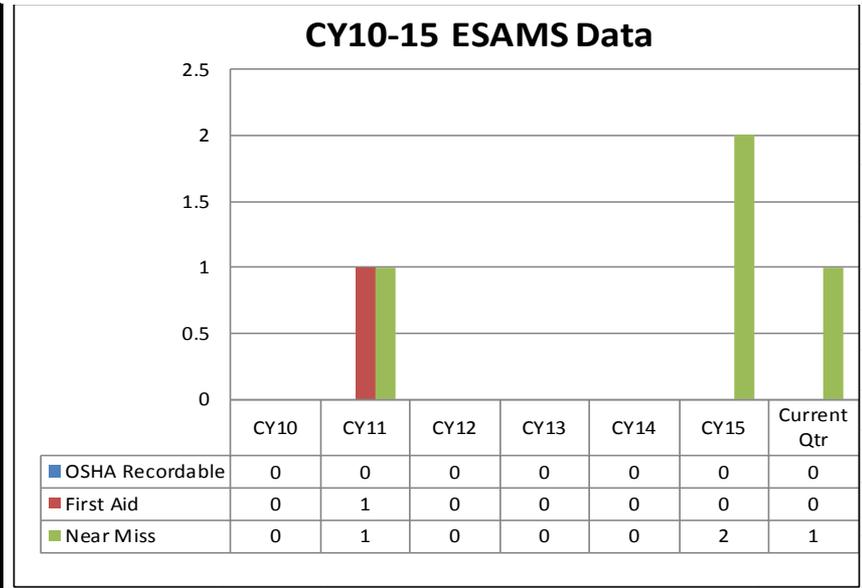
Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office. Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Operations and Training Division



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			0								
Rate	0.0			0.0								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								
Lost Day Rate	0.0			0.0								



### CY15 Property Damage

Qtr	Damage	Amount
1st Qtr	None	\$0.00
2nd Qtr	None	\$0.00
3rd Qtr		
4th Qtr		
<b>Total</b>		<b>\$0.00</b>

### Inspection Results

<b>Apr 2015</b>	<b>99%</b>
-----------------	------------

### Progress toward CY15 Command Safety Goals

Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Business Performance Office



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			0								
Rate	0.0			0.0								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								

CY10-15 ESAMS Data							
	CY10	CY11	CY12	CY13	CY14	CY15	Current Qtr
OSHA Recordable	0	0	0	0	0	0	0
First Aid	0	0	0	0	0	0	0
Near Miss	0	0	0	0	0	0	0

CY15 Property Damage		
1st Qtr	None	\$0.00
2nd Qtr	None	\$0.00
3rd Qtr		
4th Qtr		
<b>Total</b>		<b>\$0.00</b>

Inspection Results	
Apr 2015	99%

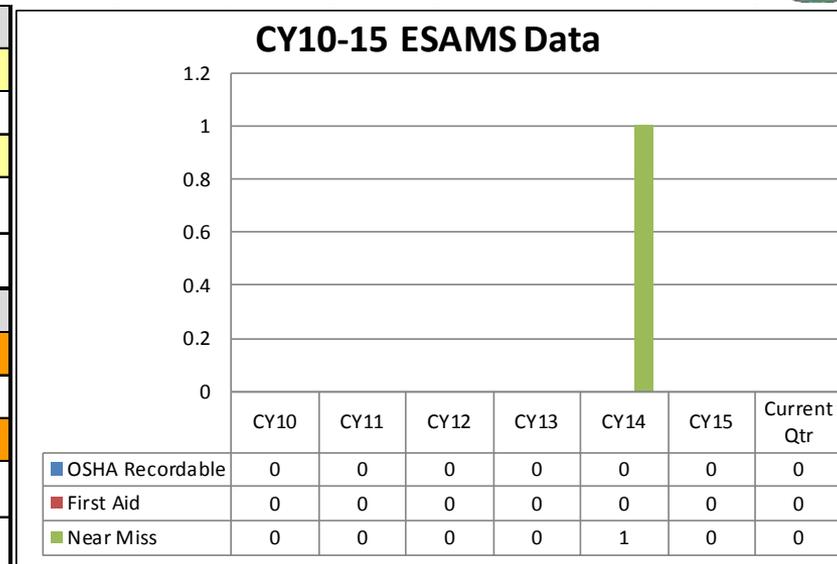
Progress toward CY15 Command Safety Goals			
Goal	Objective	Objective	Goal
Reduce Housekeeping Hazards by 50%	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
Increase Medical Surveillance Compliance (97% or Greater)	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Manpower



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			0								
Rate	0.0			0.0								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								



### CY15 Property Damage

Quarter	Damage	Amount
1st Qtr	None	\$0.00
2nd Qtr	None	\$0.00
3rd Qtr		
4th Qtr		
<b>Total</b>		<b>\$0.00</b>

### Inspection Results

<b>April 2015</b>	<b>99%</b>
-------------------	------------

### Progress toward CY15 Command Safety Goals

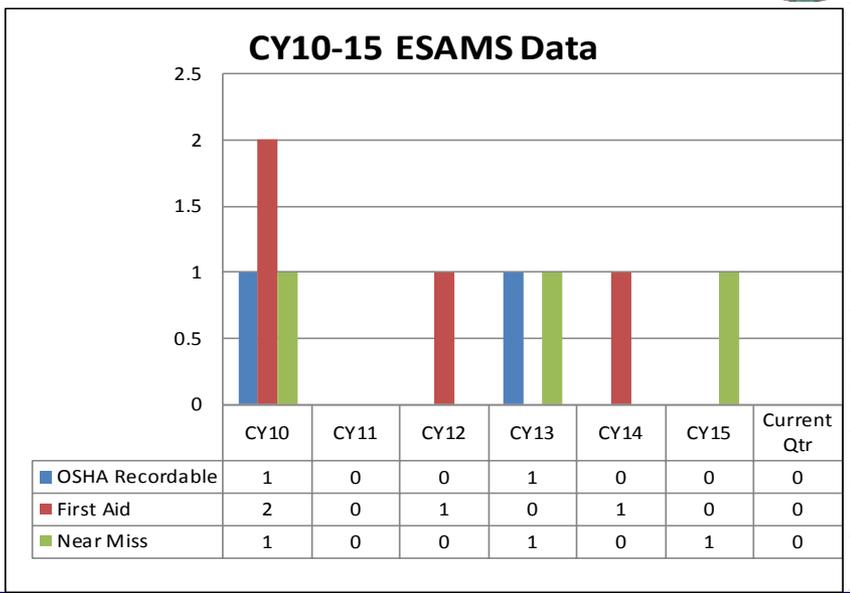
Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Comptroller



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			0								
Rate	0.0			0.0								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								
Lost Day Rate	0.0			0.0								



### CY15 Property Damage

Quarter	Property Damage	Cost
1st Qtr	None	\$0.00
2nd Qtr	None	\$0.00
3rd Qtr		
4th Qtr		
<b>Total</b>		<b>\$0.00</b>

### Inspection Results

Apr 2015	99%
----------	-----

### Progress toward CY15 Command Safety Goals

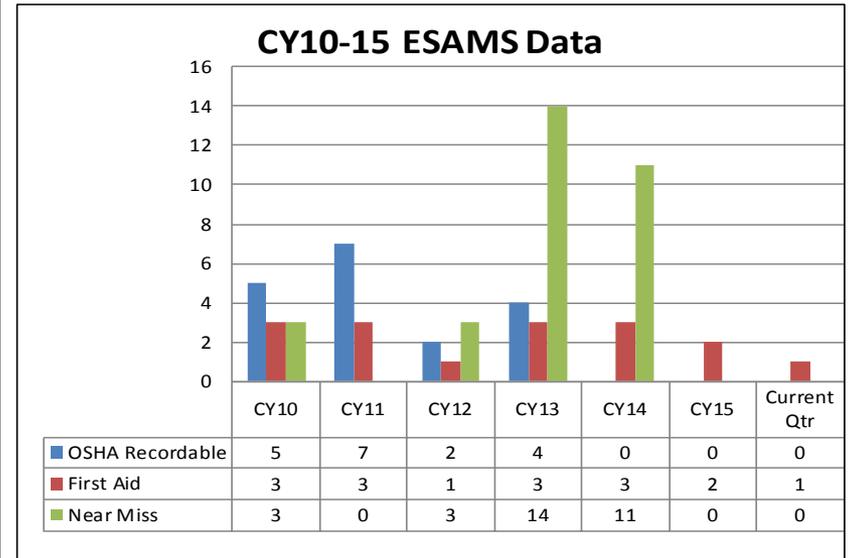
Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Logistics Support Division



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	1	0	0	0	1	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	1			1								
Rate	6.0			6.3								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								
Lost Day Rate	0.0			0.0								



CY15 Property Damage		
1st Qtr	4 Property Damages	\$9,793.00
2nd Qtr	Wood flew from a moving vehicle and struck a POV	TBD
3rd Qtr		
4th Qtr		
<b>Total</b>	<b>5 Property Damages</b>	<b>\$9,793.00</b>
Inspection Results		
Jan 2015	94%	

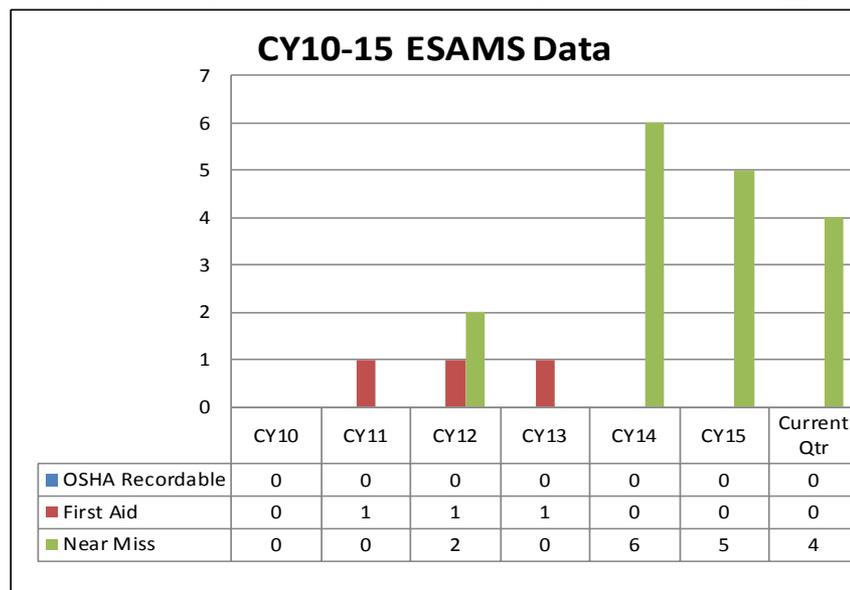
Progress toward CY15 Command Safety Goals			
Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Communications and Information Systems Division (CISD)



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			0								
Rate	0.0			0.0								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								
Lost Day Rate	0.0			0.0								



### CY15 Property Damage

1 <sup>st</sup> Qtr	None	\$0.00
2 <sup>nd</sup> Qtr	None	\$0.00
3 <sup>rd</sup> Qtr		
4 <sup>th</sup> Qtr		
<b>Total</b>		<b>\$0.00</b>

### Inspection Results

<b>Mar 2015</b>	<b>93%</b>
-----------------	------------

### Progress toward CY15 Command Safety Goals

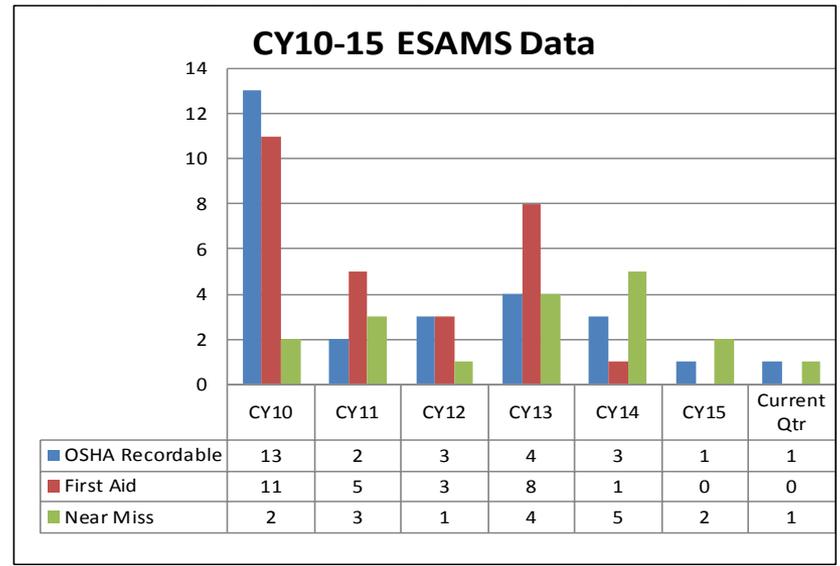
Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams. Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Installation & Environment Division



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	1	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			1								
Rate	0.0			1.5								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								
Lost Day Rate	0.0			0.0								



CY15 Property Damage		
1 <sup>st</sup> Qtr	5 Property Damages	\$2,217.00
2 <sup>nd</sup> Qtr	Dent in tailgate of e-cart.	\$25.00
	Dodge pickup rolled into concrete debris.	\$500.00
	Street sweeper collided into rollup door.	\$550.00
3 <sup>rd</sup> Qtr		
4 <sup>th</sup> Qtr		
<b>Total</b>	<b>8 Property Damages</b>	<b>\$3,292.00</b>
Inspection Results		
<b>May 2015</b>		<b>98%</b>

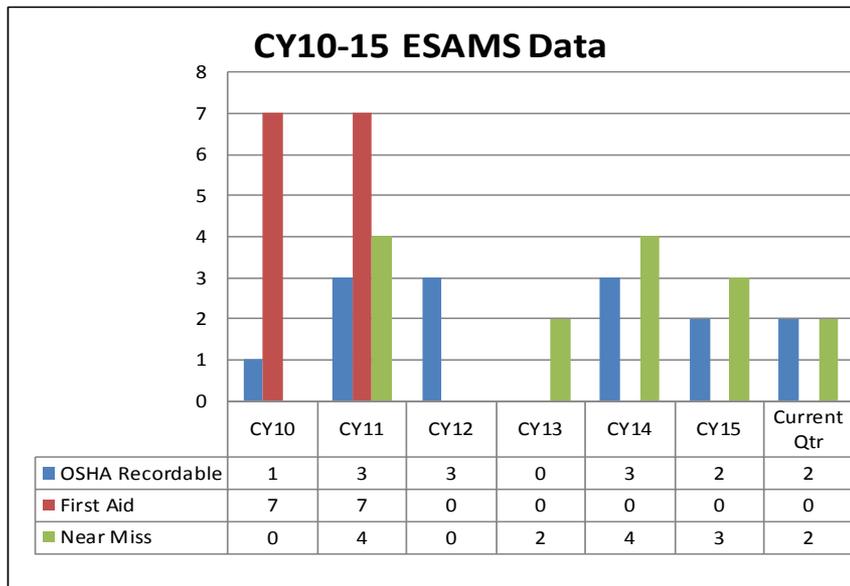
Progress toward CY15 Command Safety Goals			
Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.	Green	Yellow
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.	Yellow	
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.	Grey	
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.	Green	Green
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.	Green	



# Public Safety Division



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	2	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	0			2								
Rate	0.0			2.8								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								
Lost Day Rate	0.0			0.0								



### CY15 Property Damage

1st Qtr	1 Property Damage	\$21,467.00
2nd Qtr	Power Works weed eater slung rock into left rear window. (Reimbursable)	\$1,219.75
3rd Qtr		
4th Qtr		
<b>Total</b>	<b>1 Property Damage</b>	<b>\$21,467.00</b>

### Inspection Results

Jan 2015	98%
----------	-----

### Progress toward CY15 Command Safety Goals

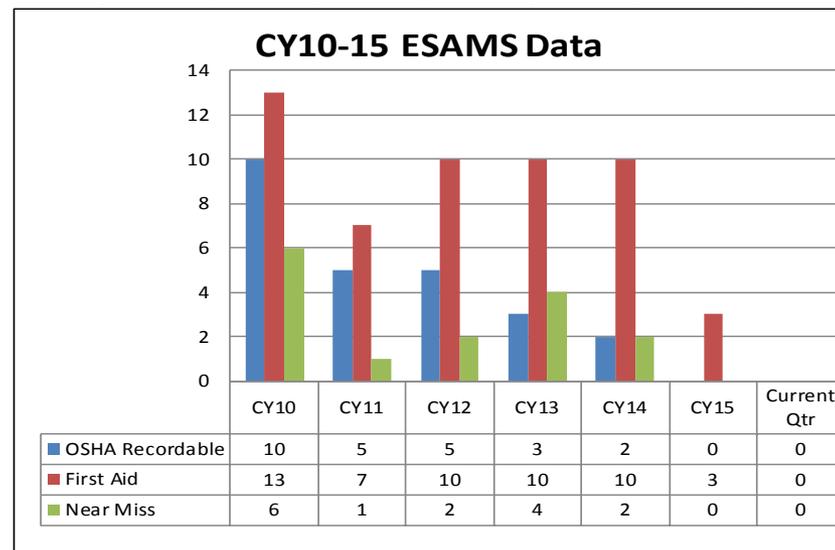
Goal	Objective	Objective	Goal
<b>Reduce Housekeeping Hazards by 50%</b>	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.	Green	Green
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.	Green	Green
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.	Grey	Green
<b>Increase Medical Surveillance Compliance (97% or Greater)</b>	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.	Green	Yellow
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.	Yellow	Yellow



# Marine Corps Community Services



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	1	2	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	3			0								
Rate	8.5			4.2								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	0	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			0								
Lost Time Rate	0.0			0.0								
Lost Day Rate	0.0			0.0								



CY15 Property Damage		
1st Qtr	None	\$0.00
2nd Qtr	None	\$0.00
3rd Qtr		
4th Qtr		
<b>Total</b>		<b>\$0.00</b>

Inspection Results	
March 2015	99%

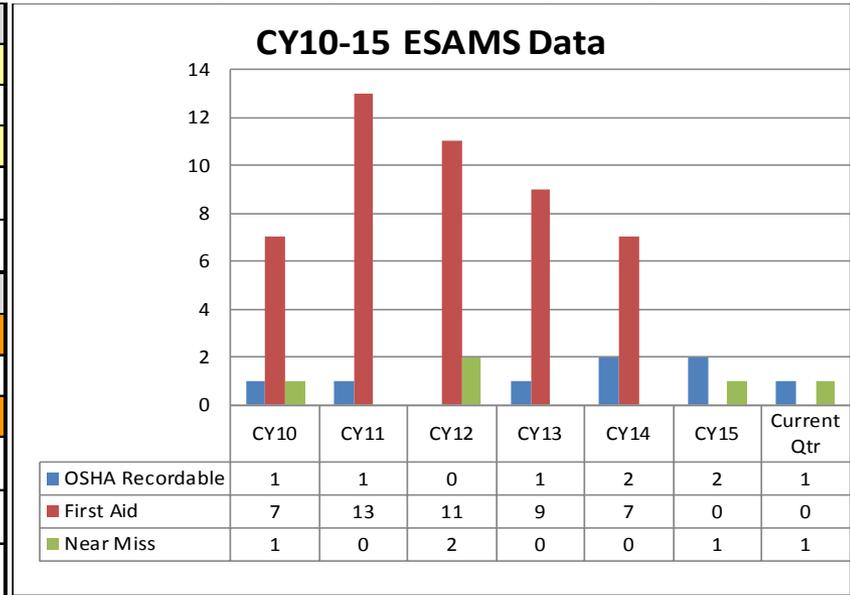
Progress toward CY15 Command Safety Goals			
Goal	Objective	Objective	Goal
Reduce Housekeeping Hazards by 50%	Supervisors will establish housekeeping standards for all work areas and facilities under their charge. If a supervisor determines housekeeping training is required; training material is available at the Risk Management Office.		
	Supervisors will consider implementing the 5S program (Sort, Set in Order, Shine, Standardize, Sustain) for their office, section, shop. Implementing 5S is very effective in improving housekeeping. 5S training can be coordinated through the Risk Management Office.		
	Risk Management staff will apply and consider housekeeping as an area of emphasis during CY15 safety inspections for the command and tenant activities.		
Increase Medical Surveillance Compliance (97% or Greater)	Supervisors who have employees enrolled in a medical surveillance program will attend training on the use of Supervisor's Medical Surveillance and Certification Exam Referral form and the use of Occupational Medical Surveillance System (OMSS) in ESAMS. Safety Officers will coordinate the training with the Occupational Health Program Manager in the Risk Management Office, Mr. Stacey L. Williams.		
	Supervisors will identify, assign, and document all occupational related medical surveillance requirements and exposures (i.e. hearing, respiratory, bloodborne pathogens, forklift, etc.) and enter the most recent physical exams accordingly in OMSS for all Marines and Civilian Marines.		



# Defense Depot Albany Georgia DLA



CY15 Total Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	1	1	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Injuries	1			1								
Rate	3.9			3.9								
CY15 Lost Time Injuries/Illnesses												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Injuries	0	0	0	1	0	0						
	1st QTR			2nd QTR			3rd QTR			4th QTR		
Lost Time Injuries	0			1								
Lost Time Rate	0.0			1.9								
Lost Day Rate	0.0			9.7								



CY15 Property Damage		
1st Qtr	2 Property Damages	\$4,100.00
2nd Qtr	Damaged indicator light on two forklifts while loading onto flatbed trailer.	\$250.00
	Forklift driver struck Fire Door bending the cover on the door.	\$500.00
	Truck driver hit loading dock damaging left side fender on truck.	\$750.00
3rd Qtr.		
4th Qtr.		
<b>Total</b>	<b>5 Property damages</b>	<b>\$5,600.00</b>
Most Recent Inspection		
May 2015		

## Successes, Initiatives, and Concerns

- We conducted our monthly safety briefs for April, May and June discussing OSHA Inspections and Communication, Overexertion – Manual Material Handling Safety, and Loading Dock Safety.
- Installed new Fire Doors throughout all of DLA's buildings, removing old fire doors with Asbestos.
- Completed Safety inspection with Base Safety May 2015.



# GOV Fleet Safety

***Bart Rigg***  
***Logistics Support Division Director***

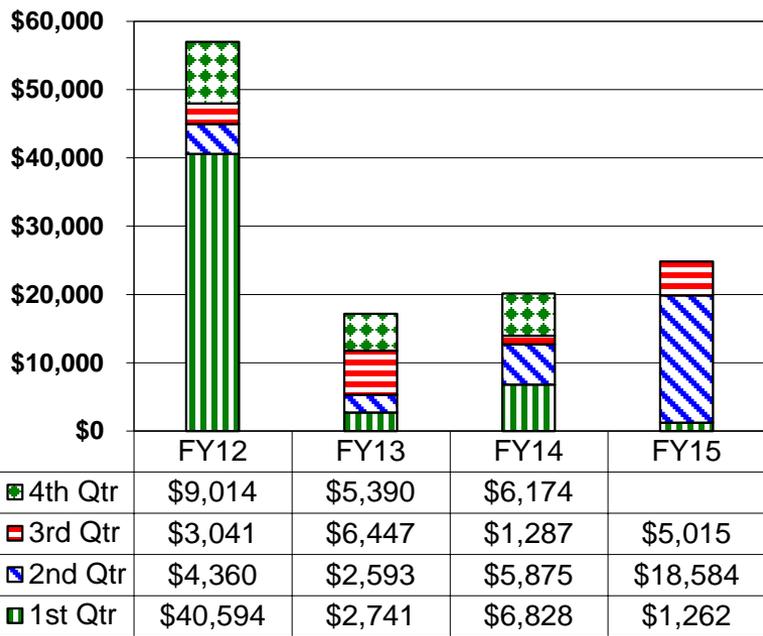


# GOV Fleet Safety

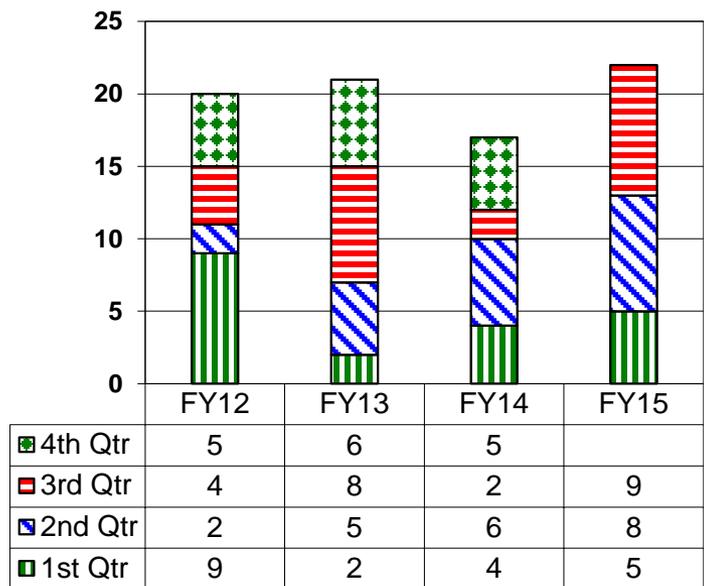
## Cost of Repairs – GOV Mishaps



### Cost of Repairs



### Number of Repairs



Total	
FY11	\$37,193
FY12	\$53,085
FY13	\$17,171
FY14	\$20,162
FY15	\$24,861



# GOV Damage Cases

## 3<sup>rd</sup> Qtr FY15



Quarter	Date	Narrative	Cost
1 <sup>st</sup> Qtr		5 mishaps	\$1,262.00
2 <sup>nd</sup> Qtr		8 Mishaps	\$18,584.00
3 <sup>rd</sup> Qtr	7 Apr 15	MARFORRES --- Van broken window when cargo slid into it.	\$1,220.00
	28 Apr 15	DLA – Indicator lights damaged on two forklifts, driver misjudged distance while loading onto flatbed truck.	\$250.00
	2 May 15	PSD/RM --- SUV rear window broken by rock from lawnmower while parked.	\$1,219.75
	5 May 15	DLA – Cover on Fire door damaged. Forklift driver struck door.	\$500.00
	12 May 15	DLA --- Truck hit loading dock.	\$750.00
	21 May 15	I&E --- Ram pick-up ran into concrete debris.	\$500.00
	3 Jun 15	GME --- Wood debris blew out of trailer, hit POV on Fleming Road.	No Estimate
	10 Jun 15	I&E --- Unknown hit rear of parked Ecart.	\$25.00
	29 Jun 15	I&E --- Drove street sweeper into overhead door.	Sweeper \$50.00 Door \$500.00
4 <sup>th</sup> Qtr			
<b>Qtr Total</b>			<b>\$5,014.75</b>
<b>Total</b>			<b>\$24,860.75</b>

Total reimbursable: **\$1,969.75**

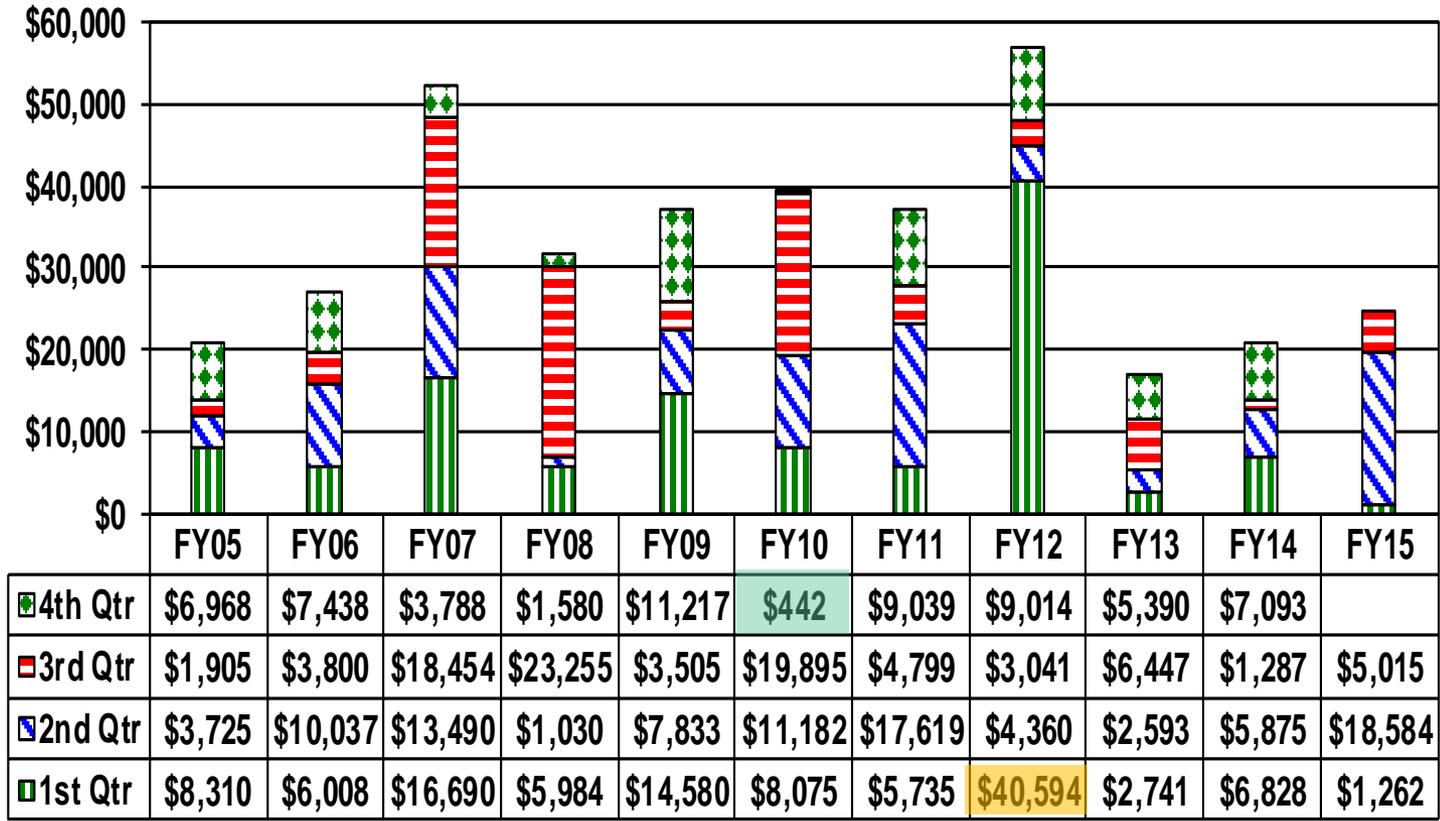
No injuries to any of the involved personnel were reported



# Property Damage

## Cost of Repair Comparison Chart

FY05-FY15



# Motor Vehicle Damages



Hit Loading dock  
DLA: \$750

# Motor Vehicle Damages



Driver left vehicle running, got out. Vehicle traveled into concrete debris  
I&E: \$500

# Motor Vehicle Damages



I&E/CRS Parked, noted damage when returned to vehicle  
I&E/CRS: \$25



# Motor Vehicle Damages



Driving truck into shop for maintenance, hit door. Door not fully open.  
I&E/R&G: \$50 Truck, \$500 Door



# MCLB Fire & Emergency Services

## 3<sup>rd</sup> QTR FY15



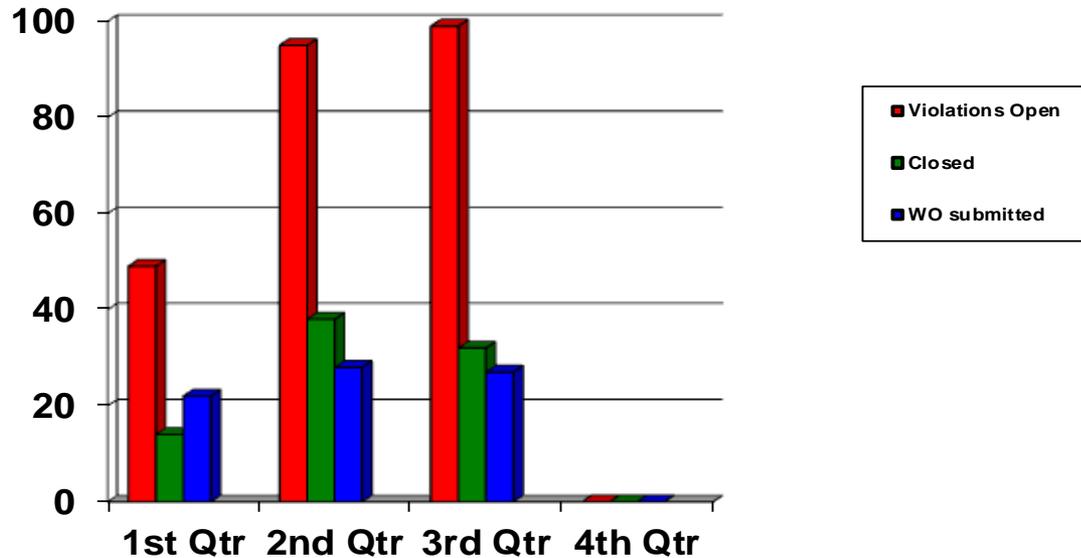
*Phil Partin*  
*Fire Chief*



# MCLB Fire Department Activity



Prevention Section		
FY-2015	Total 3rd QTR	YTD
Inspections	228	584
Violations Open	99	255
Violations Closed	32	84
Work Orders Submitted	27	77

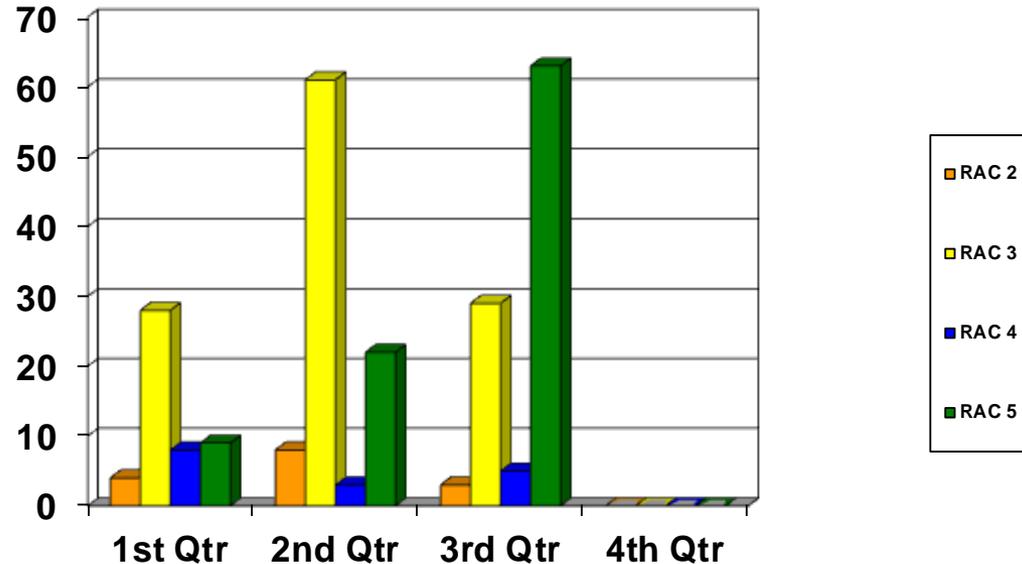




# MCLB Fire Department Activity

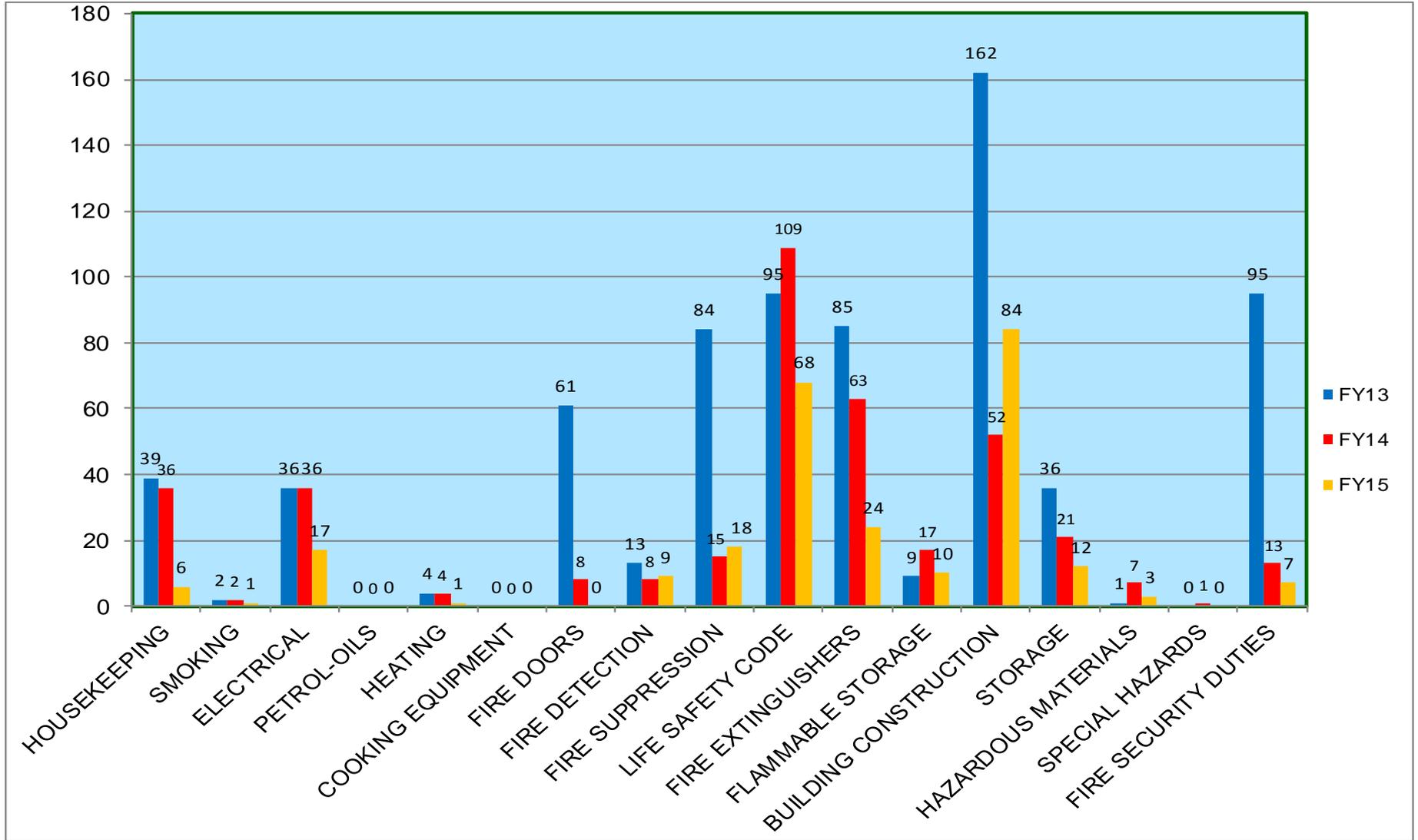


Prevention Section		
Open RAC Violations by Group YTD		
Risk Assessment Value	Violations	Percentages
RAC 1	0	0%
RAC 2	3	3%
RAC 3	29	29%
RAC 4	5	5%
RAC 5	63	63%





# MCLB Fire & Emergency Services RAC TRENDS





# Marine Corps Police Department



***Randy Jack***  
***Police Chief***



# Traffic Safety

2<sup>nd</sup> Qtr, CY15

## Reported Traffic Collisions



### GOV

VEHICLE TYPE	Quarter	YTD
GOV - GOV	0	0
GOV - POV	0	0
GOV - Fixed Object	0	5
GOV - Animal	0	0
GOV - Pedestrian	0	0
GOV - Bicycle	0	0
GOV - Rollover	0	0
Hit & Run (GOV)	0	0
<b>Total</b>	<b>0</b>	<b>5</b>

### POV

VEHICLE TYPE	Quarter	YTD
POV - POV	3	4
POV - GOV	0	0
POV - Fixed Object	8	11
POV - Animal	0	3
Hit & Run (POV)	0	0
POV - Bicycle	0	0
POV - Rollover	0	0
Motorcycle	0	0
<b>Total</b>	<b>11</b>	<b>18</b>

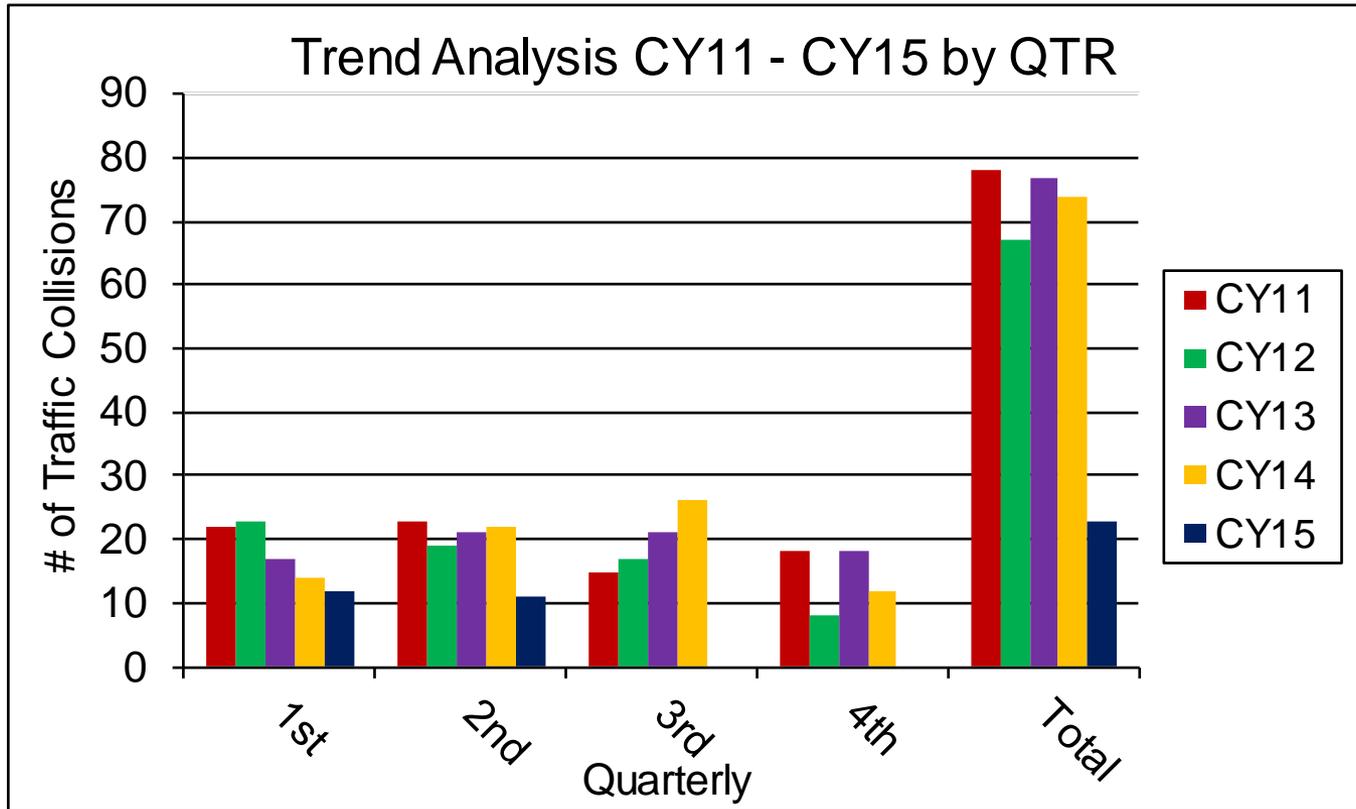
**Traffic Collisions for 2<sup>nd</sup> Qtr CY15 = 23**



# Traffic Safety

2<sup>nd</sup> Qtr, CY15

## Traffic Collision Comparison by CY Quarters





# Traffic Safety

2<sup>nd</sup> Qtr, CY15

## Traffic Summary



- **MCLB TRAFFIC SAFETY INITIATIVES**

- *Use caution in “low speed limit” areas aboard MCLB due to increased efforts to reduce “over speed limit” driving by motorists.*
- *MCPD is currently engaging in traffic campaigns that are geared towards awareness to drivers to operate their vehicles in a safe and orderly fashion aboard the Marine Corps Logistics Base, Albany in an effort to decrease and eliminate crashes and injuries to visitors and employees at MCLB.*
- *MCPD is actively involved in enforcing recent changes to BO5560.9D in an effort to reduce Government Mishaps aboard MCLB.*



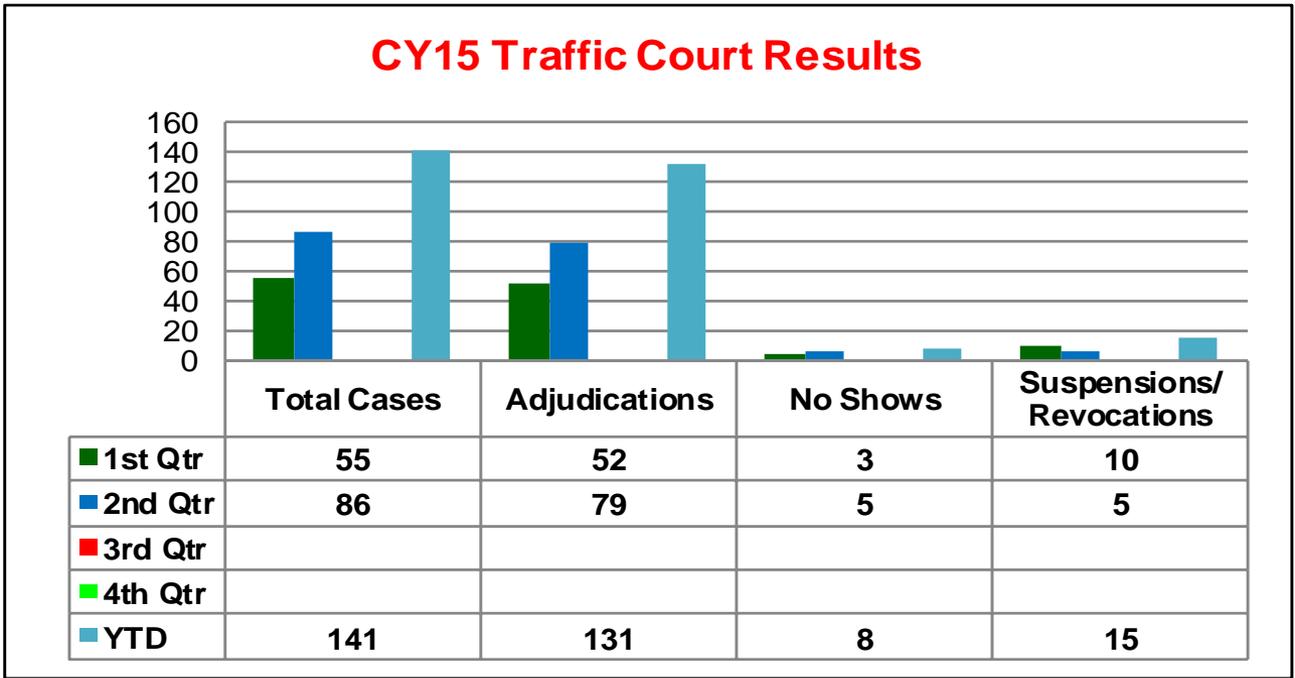


# Base Traffic Court

## 2<sup>nd</sup> Qtr CY15 Court Results



	Court Date	Total Cases	Adjudications	Reschedules	No Shows	Suspensions/ Revocations
Apr 2015	21st	7	7	0	0	0
May 2015	19th	46	42	1	3	5
Jun 2015	16th	33	30	1	2	0





# Injury Compensation



Mr. Joseph J. Blanton  
Injury Compensation Program Analyst  
639-5244



# Injury Compensation



## Federal Workers' Compensation Program

- All injuries and CA-1's or 2's should be reported Workers' Comp Office via:
  - Hand delivered of hard copy to HRO
  - Fax to (229) 639- 5457 or
  - Electronically submitted via the DCPAS website:  
<https://dodhrinfo.cpms.osd.mil/Directorates/HROPS/Benefits-and-Worklife/Injury-and-Unemployment-Compensation/Injury-Compensation/Pages/How%20to%20File%20a%20Claim.aspx>.
- Total of two injury claims submitted to OWCP for the 3<sup>rd</sup> Qtr. and a total of seven for FY15.



# Ergonomics

## ERGONOMICS ISN'T JUST FOR THE OFFICE



BO 6260.4 Ergonomics Program

Donna Chalmers

Ergonomics Coordinator

639-6215



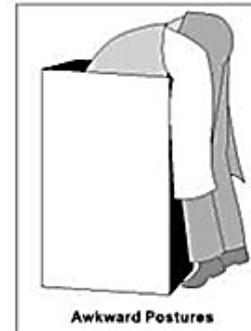
# Ergonomics



## Review tasks for MSD risk factors

MSD Risk Factors	
<b>Force</b>	Exerting excessive force can cause a variety of injuries.
<b>Repetition</b>	Excessive repetition of movements can irritate tendons and increase pressure on nerves.
<b>Awkward postures</b>	Positions that stretch physical limits can compress nerves and irritate tendons.
<b>Static postures</b>	Positions that a worker must hold for long periods of time can restrict blood flow and damage muscles.
<b>Quick motions</b>	Increased speed or acceleration when bending and twisting can increase the amount of force exerted on the body.
<b>Compression or contact stress</b>	Grasping sharp edges like tool handles can concentrate force on small areas of the body, reduce blood flow and nerve transmission, and damage tendons and tendon sheaths.
<b>Recovery time</b>	Inadequate recovery time due to overtime, lack of breaks, and failure to vary tasks can leave insufficient time for tissue repair.
<b>Vibration</b>	Excessive vibration from tools can decrease blood flow, damage nerves, and contribute to muscle fatigue. Whole body vibration can affect skeletal muscles and cause low-back pain.
<b>Cold temperatures</b>	Working in cold temperatures can adversely affect a worker's coordination and manual dexterity and cause a worker to use more force than necessary to perform a task.

Source: Adapted from *Ergonomics: The Study of Work*, U.S. Department of Labor, Occupational Safety and Health Administration, OSHA 3125, 2000.



Awkward Postures



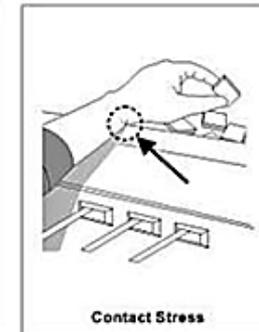
Overhead Work



Twisting and Carrying Loads



Wrist Deviations



Contact Stress



Poor Shoulder/Wrist Position



Lifting Bulky Loads



Hand - Arm Vibration



Whole Body Vibration



# Ergonomics



## Risk factors with engineering and administrative controls

Engineering controls to improve ergonomic risks may include changing the way parts and materials are transported; changing the process to reduce how workers are exposed to risk factors; moving parts around to make it easier for workers to reach them; or changing work station layout, tool design, or access and assembly sequence.

Of equal impact are administrative controls, adjusting work practices and policies to reduce risk factors. Examples include rest breaks, job rotation, or training to identify signs of ergonomic stress.



Use a turntable with fixture to hold the work; select a tool that reduces wrist deviations.



Round or pad edges of guards, containers, or work tables.



Raise worker with platform and use in-line tool to reduce wrist bending.



Raise and tilt the container for easier access and to reduce bending and lifting burdens.



Extend and support tool to reduce stress on arm and shoulder.



Use conveyors to reduce twisting and eliminate lifting and carrying.



Use mechanical assist devices for less stressful handling.



Select power tools with anti-vibration properties. Use handle coatings that suppress vibrations; increase coefficient of friction to reduce force requirements.



Use balancers, isolators and damping materials to reduce vibrations at the source or along transmission path. Make driving surface smooth.



# Ergonomics



Listed below are some ergonomic risk factors and considerations for our workforce

Occupation	Ergonomic Risk Factor	Ergonomic Considerations
Warehouse Worker	Awkward Postures Over Exertion Whole Body Vibration	<ul style="list-style-type: none"> <li>• Avoid manually handling heavy objects (more than 35 pounds).</li> <li>• Avoid carrying objects more than 100 feet.</li> <li>• Avoid reaching above the shoulders and lifting from below the knees.</li> <li>• Position the orientation of the product and the worker in a way that does not require twisting or extended reaches by the worker.</li> <li>• Work as close to the neutral posture as possible. Neutral posture includes a straight neck, straight back with the curves naturally supported, shoulders straight down, elbows at a right angle and wrists straight.</li> <li>• Minimize forces that are applied. These forces can include pinching, gripping, pushing and pulling while performing tasks like taping, filling packages with fill material, retrieving packing slips and other needed paperwork and other tasks.</li> <li>• Use proper lifting techniques.</li> <li>• When possible, minimize the need to carry items by using carts, conveyors and roller tables.</li> </ul>
Facilities Maintenance	Awkward Postures Forceful Exertion	<ul style="list-style-type: none"> <li>• Work near elbow height to avoid excessive bending and squatting.</li> <li>• Avoid overhead reaching and kneeling when possible.</li> <li>• Where awkward postures are unavoidable, change tasks, stretch, and take short breaks.</li> </ul>
Vehicle Maintenance	Awkward Postures Heavy Lifting	<ul style="list-style-type: none"> <li>• Raise the vehicle to approximately 'belt' height, this removes the need to bend forward.</li> <li>• Use proper lifting techniques when manual lifting.</li> <li>• Support the tool as well as the mechanic, so muscle effort goes into using the tool, not holding the tool.</li> <li>• Provide a stable step for access into the engine bay of taller vehicles</li> </ul>
Child Care	Awkward Postures Heavy Lifting	<ul style="list-style-type: none"> <li>• Provide furniture at appropriate adult height.</li> <li>• Do not lift children with your back, as you lift, bend your knees and keep the child close to you.</li> <li>• Don't carry heavy loads by yourself, use a cart, or get a co-worker to help you.</li> <li>• Avoid twisting while lifting.</li> <li>• Avoid sitting on the floor too long without back support, use the wall, furniture or large pillow for back support.</li> </ul>



# Radiological Affairs Safety Program (RASP)

William Young  
Installation Radiation Safety Manager  
639-7272



# Radiological Affairs Safety Program (RASP)



## Current Activity:

- Conducted meeting of Radiological Safety Committee 06 May 2015 at 1300. Discussed changes to RAD 010 and how they will affect our operations.
- Completed Annual Internal Audit and Report to Commanding Officer of MCLBA RASP activities 22 May 2015.
- Received 20 items and maintain inventory for unwanted radioactive material in Low Level Radioactive Waste (LLRW) warehouse.
- Shipped 2,413 items of LLRW to disposal via USN contractor on 28 July 15.





# Substance Abuse Control Officer (SACO)

SSgt Curtis  
anthony.curtis@usmc.mil  
(229) 639-7941



# Substance Abuse Program Information



## ALCOHOL /URINALYSIS SCREENING PROGRAM FY15 3<sup>rd</sup> QUARTER TESTING RESULTS

- 0 = Alcohol Related Incidents (ARI) for 3<sup>rd</sup> Qtr
- 0 = Drug Related Incidents (DRI) for 3<sup>rd</sup> Qtr
- 0 = Tested "Positive" of .02 or above for Breathalyzer Screening



# Substance Abuse Program Information



## ALCOHOL /URINALYSIS SCREENING PROGRAM FY15 3<sup>rd</sup> QUARTER TESTING RESULTS

### **APRIL**

- 14 MARINES REPORTED FOR BREATHALYZER/URINALYSIS SCREENING
- 14 MARINES WERE TESTED
- 0 TESTED POSITIVE

### **MAY**

- 12 MARINES REPORTED FOR BREATHALYZER/URINALYSIS SCREENING
- 12 MARINES WERE TESTED
- 0 TESTED POSITIVE

### **JUNE**

- 15 MARINES REPORTED FOR BREATHALYZER/URINALYSIS SCREENING
- 15 MARINES WERE TESTED
- 0 TESTED POSITIVE



# Substance Counseling Center (SACC)

Kim Cleveland

[Lisa.k.cleveland@usmc-mccs.org](mailto:Lisa.k.cleveland@usmc-mccs.org)

(229)639-7941



# Substance Abuse Program Information



## MCLB Albany Prevention Team

### Who: Representatives of the Team

- Substance Abuse Program
- Base and LOGCOM SACOs
- Risk Management
- Semper Fit
- Sexual Assault Coordinator
- Family Readiness Officer
- New Parent Support
- Naval Health Branch Family Advocacy
- Criminal Investigative Division
- Logcom IE&S
- Prevention and Education
- MCCS Family Team Building
- School Liaison Officer
- Public Affairs Officer
- MCCS Marketing





# Substance Abuse Program Information



## MCLB Albany Prevention Team

### WHAT:

- Offer information and education to the MCLB Albany Community
- Plan activities (Marines, Civilians, and possibly the community outside the gates)

### WHEN:

- Meet, at least, quarterly

### WHERE:

- Chapel Annex

### WHY:

- Substance abuse not only impacts the individual but includes the family, community, and workplace.
- The goal is to promote a safe, healthy, drug & alcohol free workforce that supports our Marines.



# Safety Training

**Motor Vehicle Safety Training**

**OSH 10-hour General Industry Outreach Training**

**Status of Formal Safety Officer Training**



# Motor Vehicle Safety Training



William H. Womble, Jr.

MCLB Albany

*Traffic Safety Program Manager*



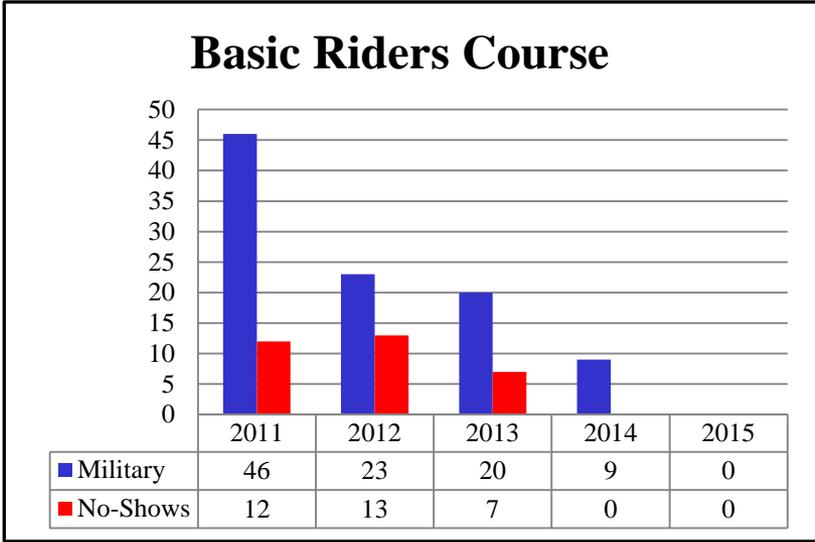
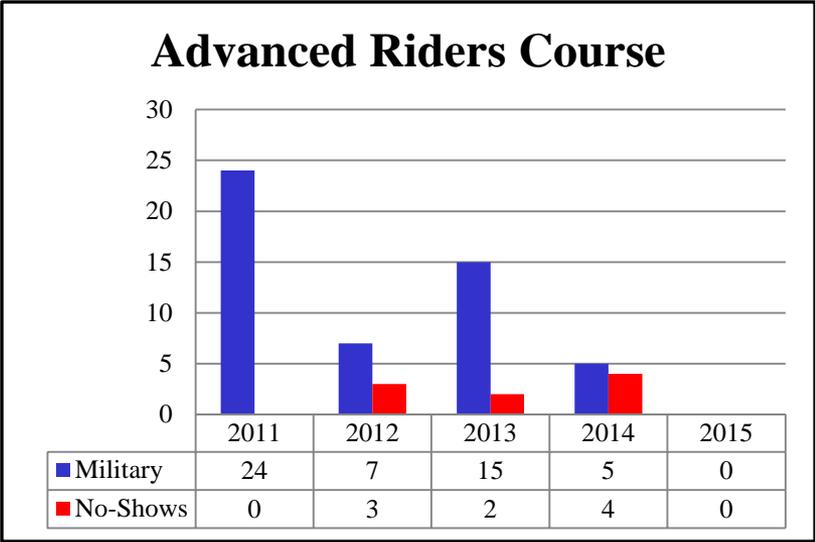
**Child Passenger Safety Campaign  
Sept. 13 - Sept. 19, 2015**



# Motorcycle Safety Training



CY15 Motorcycle Courses		
Course	Military	No Shows
Basic Riders Course	7	0
Advanced Riders Course	0	0
Level III (Optional)	3	5



ARC scheduled for August 15<sup>th</sup>. Level III scheduled for September 16<sup>th</sup>.



# Motor Vehicle Safety Training



## Motorcycle Training

### **Basic Riders Course (BRC) – Conducted through Georgia Motorcycle Safety Program**

- Currently have three Marines scheduled for the course (various dates)
  - Maj Paulina Rojas (LOGCOM)
  - Maj Keith Burgess (LOGCOM)
  - Sgt Kyle Bichard (LOGCOM)

### **Advanced Riders Course (ARC) – Conducted through Cape Fox, USMC Contract**

- Currently have four Marines scheduled for the course on Saturday, 15 Aug 15 (Eight seats available)
  - Cpl James Brejda (LOGCOM)
  - Sgt Ryan Cordle (LOGCOM)
  - Sgt Jack Sanders (LOGCOM)
  - SSgt David Snyder (LOGCOM)

### **Level III Course – Conducted through Total Control, USMC Contract**

- Currently have no Marines scheduled for the course on Wednesday, 16 Sep 15 (Twelve seats available)
  - This course is paid for and we invite all available Marines who have completed ARC (Level II) to attend this course. The contract is paid whether we fill the class or not.



# Driver Education Program

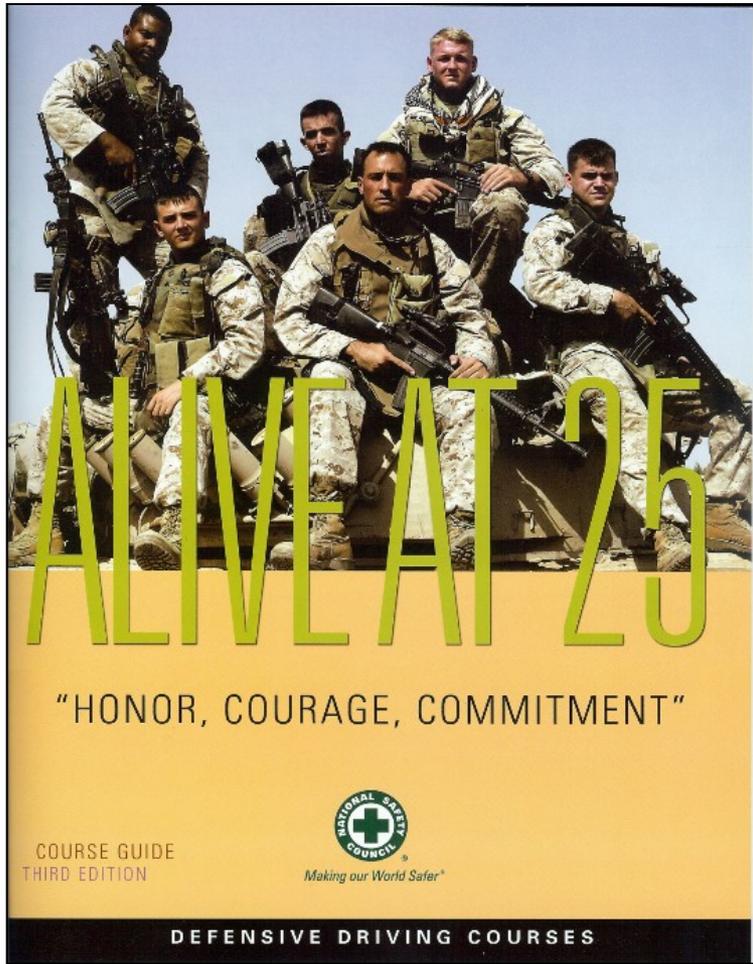


## CY15

Course	Driver Improvement Course	Remedial Driver Course
<b>Curriculum</b>	National Safety Council's <i>Alive at 25</i> . 4 hour course: Hours 0800-1200	National Safety Council's <i>Attitudinal Dynamics of Driving</i> . 8 hour course: Hours 0800-1700
<b>Objective</b>	Identify actions drivers can take to stay in control as a driver or passenger to become a safer driver.	Provide instruction and understanding to risky and dangerous driving habits and instill a positive attitude towards safe driving.
<b>Required For</b>	<b>Marines under age 26 who have not already attended a drive improvement course.</b>	<b>Drivers designated by The Base Traffic Court Adjudicator.</b>
<b>Available For</b>	<b>Marine and Civilian Marine, family members ages 15-26.</b>	<b>Drivers designated by The Base Traffic Court Adjudicator.</b>
<b>Dress/Uniform</b>	Marines: Uniform of the day. Civilians: Business casual	Marines: Uniform of the day. Civilians: Business casual
<b>Classroom Location</b>	Risk Mgmt Conference Room Bldg 3500, Rm 307	Risk Mgmt Conference Room Bldg 3500, Rm 307

<b>Driver Improvement Course</b>	1 Marines
	0 Civilians
<b>CY15</b>	21 Dependents
<b>Total</b>	<b>22</b>

<b>Remedial Driver Course</b>	17 Marines
	18 Civilians
<b>CY15</b>	0 Retirees
	1 Other Military
<b>Total</b>	<b>36</b>



Courses are offered every other month. Contact Will Womble at Risk Management @ 639-7050 for the class schedule.



# A GREAT SAFETY TRAINING OPPORTUNITY

## OSH 10-hour General Industry Outreach Training



- Who:** New supervisors, managers and employees that have not previously attended the course.
- What:** Occupational Safety and Health General Industry 10-hour Outreach Training Course.
- Where:** TBD
- When:** Tentative 2-3 Dec 15
- Why:** To impart a stronger sense of awareness of safety issues to the workforce and increase employee's understanding of the impact and importance of a robust and effective safety and health program.
- How:** Please contact your division training coordinator to reserve your seat. Seating is limited to 25 employees.

In accordance with BO P5100.1K Chapter 2 para 2001.4 Supervisor Safety Training. Marine and Civilian Marine supervisors within the MCLB Albany Installation Command are required to successfully complete the OSH General Industry 10 Hour Outreach Training Course provided by the MCLB Albany Installation Command Risk Management. The Supervisors listed below are scheduled to attend the above training course.

Name		Division	Name		Division	Name		Division
1	Bart Rigg	LSD	7			13		
2	William Reynolds	PSD	8			14		
3	SgtMaj Agee	MCLBSS	9			15		
4			10			16		
5			11			17		
6			12			18		



# Status of Formal Safety Officer Training



Unit	Safety Officer	Trained	Remarks	Class Schedule
HQ MCLBA	LtCol Nathaniel Robinson	Not Required		<b>CY15 – MCB Quantico</b> 10-21 Aug 15
H&S Garrison	Sgt. Gregory Rieder	16-27 Mar 15		
Comptroller	Mr. Howard Roosevelt	8-19 Dec 14		
LSD	Mr. Kitras Thomas	13 Sep 04		
CISD	Ms. Lois Hernandez	28 Mar 14		<b>CY15- MCB CAMLEJ</b> 14-25 Sep 15 07-18 Dec 15
I&E	Mr. Thomas Mullen	6 Feb 09		
PSD	Mr. William Womble	27 Jun 08		
MCCS	Ms. Alisha Enfinger	12 Jun 09		
PPA	Mr. Trent Blalock	28 Sep 07		
SYSCOM	Mr. Jeffrey Wilson	9 Mar 07		
DMC/FSDA	Mr. Joseph Carson	6 Mar 09		
HAP	Mr. Zack Hardin	20 Aug 10		
DDAG	Mr. Jon Peacock		Not scheduled	

NAVMC DIR 5100.8 (MARCOR OSH PROGRAM MANUAL) Chapter 5, Para 5000.7 dtd May 15, 2006

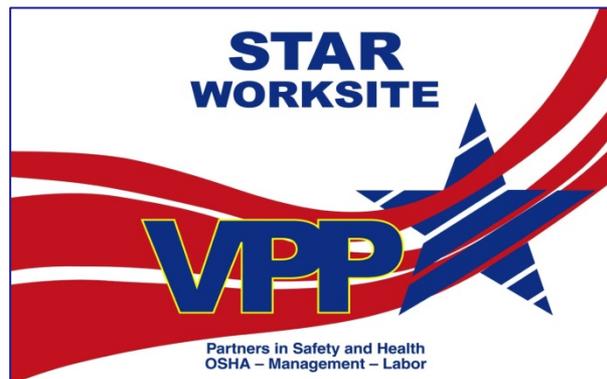
**Safety Officer Training.** Commanders shall ensure that safety officers attend the Ground Safety For Marines Course (CIN# A-493-0047) or an approved MARFOR Ground Safety Mobile Training Team course within 90 days of assignment. ISMs will track and document training of all safety officers.



# VPP



1.	VPP Star Site Recognition Ceremony and received VPP Star Site Flag on 5 May 15
2.	VPPPA membership status upgraded on 3 Jun 15
3.	Two employees attended VPPPA Region IV Conference in Orlando, FL on 16-18 Jun 15
4.	RM Staff will provide training and support to JSSOH/CP-12 Students from Ft. Rucker, AL on 11-12 Aug 15
5.	Two employees scheduled to attend the National VPPPA Conference in Grapevine, TX on 24-28 Aug 15
6.	Continuous improvement in preparation for VPP Star Recertification in February 2018



# SAFE COMMUNITIES AMERICA

- Another accreditation / recognition program for safety excellence
- Sponsored by the National Safety Council
- Includes all aspects of community safety (traffic, crime prevention, fire prevention and response, destructive weather)
- About a 1-year effort. Cost is ~\$5K
- We'd be the first ever DoD Installation
- NSC very eager to work with us





# CY15 Safety Award for the Quarter/Year

Current Standing for the MCLB Albany Quarterly Safety Award as of 30 Jun 15

Division	Avg. Number of Employees	Near Miss Reported	Near Miss Reporting Rate	Total Findings	Open Findings	Abatement Index	VPPSC Absentee	Near Miss Points	Abatement Penalty	VPPSC Penalty	Total Score	Winning Order
HQ & Staff	15	0	0.000	2	0	100%	0	0	0	0	100	5
Comptroller	14	0	0.000	0	0	100%	2	0	0	-25	75	8
OTD	14	1	0.071	0	0	100%	1	40	0	-12	128	2
HQ Co	75	0	0.000	0	0	100%	0	0	0	0	100	5
LSD	62	0	0.000	4	2	50%	0	0	-40	0	60	9
<b>CISD</b>	33	4	0.121	5	0	100%	0	45	0	0	145	<b>1</b>
I&E	98	1	0.010	11	0	100%	1	30	0	-12	118	4
PSD	111	2	0.018	2	0	100%	1	35	0	-12	123	3
MCCS	170	0	0.000	4	0	100%	1	0	0	-12	88	7

Current Standing for the MCLB Albany Yearly Safety Award as of 30 Jun 15

Division	Avg. Number of Employees	Near Miss Reported	Near Miss Reporting Rate	Total Findings	Open Findings	Abatement Index	VPPSC Absentee	Near Miss Points	Abatement Penalty	VPPSC Penalty	Total Score	Winning Order
HQ & Staff	15	0	0.000	2	0	100%	1	0	0	-12	88	5
Comptroller	14	1	0.074	0	0	100%	5	35	0	-50	85	7
OTD	14	2	0.143	0	0	100%	3	40	0	-50	90	4
HQ Co	74	0	0.000	0	0	100%	0	0	0	0	100	3
LSD	65	0	0.000	4	2	50%	3	0	-40	-50	10	9
<b>CISD</b>	33	5	0.152	5	0	100%	1	45	0	-12	133	<b>1</b>
I&E	100	2	0.020	11	0	100%	4	25	0	-50	75	8
PSD	111	3	0.027	2	0	100%	1	30	0	-12	118	2
MCCS	170	0	0.000	4	0	100%	1	0	0	-12	88	5



# Open Discussion and CO Guidance



# Adjourn



## Mark your Calendars

The next Safety Officer's Council is:

**28 Oct 2015**

The next Commanding Officer's  
Safety Council is:

**4 Nov 2015**