

# MARRIED AND *Loving It!*



Participants can be active duty :

Singles / Engaged Couples / Married /  
Considering Marriage / Remarriage /

The class #1 will be offered:

July 21<sup>st</sup> @ 1:00 – 3:30 pm

Location:

Building 7260

*Married and Loving It!*

**Pre-Registration is Required**

**Please pre-register by July 14, 2015.**

**Class size limited**

**Minimum of 2 couples and a  
maximum of 5 couples.**

**Call (229) 639-7935 to register**

## **Class #1**

### **Communication: Words to Live By**

Characteristics of strong families and keys to communication are presented along with love languages.

## **Class #2**

**Finances: Freedom or Fiasco?** Couples develop a financial action plan and are given the opportunity to develop a budget for a hypothetical couple using the bean game.

## **Class #3**

**Madly in Love:** Sources of anger are illustrated by the use of a tree. Three main sources are identified as class participants review case studies.

## **Class #4**

**Conflict: For Better or For Worse?** Anger management, conflict resolution, and confronting issues with confidence are viewed through “Other People’s Problems.”

## **Class #5**

### **Marriage...A Daily Affair**

Daily decisions of task allocation, time management, and in-law relationships can strengthen the marriage or gradually erode the relationship

Through interactive classes participants will learn new skills to increase their commitment to each other while learning how to sustain a vibrant and happy marriage.