

## COMMANDING OFFICER'S STATEMENT ON UNIT PERSONAL & FAMILY READINESS

Our Family Readiness Program is a vital link to our Marines, Sailors and their families. My vision for MCLB Albany is a vibrant, effective, and fully-supported Family Readiness Program that will maintain our support network, enhance our operational readiness, and increase quality of life for our Marines, Sailors and their families. My ultimate goal for this program is to ensure ready and resilient Marines, Sailors and their families are able to respond to life, career and mission events.



The key functions of our Unit, Personal and Family Readiness Program (UPFRP) are to build commitment and camaraderie, raise morale, and raise unit readiness.

Every Marine is responsible and accountable for his personal and respective family's readiness. My UPFRP is designed to assist our Marines, Sailors and their families in coping with some of the stresses and hardships encountered as a result of the sacrifices inherent in a military lifestyle. We will accomplish this by focusing our efforts and resources on the following components of the program:

- Official Communication; providing an avenue for sharing timely, accurate information
- Readiness and Deployment Support (RDS); preparing Marines and families for separation during deployments and for the stresses of reunion
- Information and Referral (I&R); promoting/leveraging available station and community resources
- Volunteer Management; training, supervising, communicating with, and recognizing the contributions of our UPFRP volunteers.

We need the active participation of all of our Marines, Sailors and families to make our program work. I fully expect every Marine and Sailor to participate in the program and be accountable for his or her personal and family readiness. I charge leaders at all levels to maintain a sense of importance for our Family Readiness Program. I have appointed a Single Marine Program Representative to be a part of our Family Readiness Command Team who along with our Family Readiness Officer (FRO) will reach out to our single Marines to ensure they are receiving the same level of support as everyone else.

Every spouse, particularly new spouses, should take one of the Lifestyle Insights, Networking, Knowledge & Skills (L.I.N.K.S.) classes offered on base to help families successfully meet the challenges of military life and enhance mission readiness. L.I.N.K.S. also offers classes for children, parents and advanced classes for our seasoned military spouses.

Our command is blessed with a loyal cadre of volunteers who selflessly give of their time, talents and effort in service to others. These volunteers are greatly appreciated, but we are ALWAYS looking for more volunteers to help in the effort to improve the quality of life for our Marines, Sailors and their families. Together, as a Team and family, we can accomplish any mission and ensure the continued success of the command. Mission first; Marines, Sailors and families always!

  
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